



**Race Manual 2026**



# Race Partners 2026



**DORNAN**  
A Turner Company



## Welcome

As Race Director it gives me great privilege to welcome everyone to Munster for the Easter Weekend again in 2026. To see such a top-quality field assembled gives an air of excitement to all involved in cycling and sport in general.



We have put together a race that we think will be a top-quality event. It will again put the riders through their paces and no doubt we will see a worthy winner this year to join the elusive list of riders who have won this fine event since its inception in 1957. The race is promoted by a subcommittee of Cycling Munster. This committee is a hard-working voluntary group whose passion for the sport is obvious by the hard work and commitment they display almost 12 months of the year to produce this fine event. These along with our volunteers are the best group of people I have ever worked with and will hopefully continue to do so for many years into the future. The host clubs, towns and villages are an integral part of the event and need to be complimented on the great welcome we get throughout the province. This creates not only a showpiece for our sport but shows off all Ireland has to offer in terms of scenery and a Céad Míle Fáilte to all the visitors.

We are again so lucky to have Dornan – A Turner Company as a title sponsor. Their staff have been an absolute joy to work with again this year. To have an ambitious company like Dornan on board is both a tribute to the event but also a great addition in everything they have done for us. I would also like to thank all our sub-sponsors for their continued support. Cycling Munster and Cycling Ireland together are good partners to the event and I am sure this will be evident throughout the weekend. I would also like to acknowledge the great work that happens behind the scenes and the backing we receive from An Garda Síochána, Kerry, Limerick and Cork County Councils as well as from the Medical team that we have on the race. I also want to praise all the volunteers that work on the event. I have long said it is the thankless jobs such as stewarding or carrying out the various roles at cycle races that are simply the backbone of the sport. I want to say thank you to all these people in advance for your great work.

I want to wish all the riders and their teams the very best of luck on the event itself. The riders are central to everything we do as promoters. I am looking forward to seeing you all at the finish line in Killorglin on Easter Monday.

This year has seen the addition of two new Cups as a way of fondly remembering two of our own people who we have sadly lost in recent years – Tomás Walsh and Oliver McKenna. Tomás, who tragically passed away in July 2025 at the age of 25 a proud Waterford, Déise and Comeragh CC man who held the Blue Jersey during the 2019 edition while guesting for Killorglin CC the same year Ben Healy won the overall honours. The trophy, donated by his parents Bernie and Frank Walsh, will be presented after the final stage in Killorglin. Oliver was simply a stalwart of Irish cycling for over 50 years and a long-standing member of Balbriggan CC. Oliver was both a former rider and official at Rás Mumhan for many years. Oliver's remarkable legacy will be honoured through the presentation of the U23 memorial trophy which in the role of honours in Irish Cycling sits alongside the U23 award for the best U23 rider in an Rás Tailteann. This trophy is donated by Oliver's wife Mary Pat and his family.

Finally, my wish for the event is continued success for its participants, a safe race and for everyone involved and for us all to continue the tradition of what is simply a great event on the roads of southwest Ireland.

John Breen

Race Director

## A Message from Dornan

Micheál O'Connor, Group Managing Director:

"On behalf of everyone at Dornan, I am pleased to welcome riders, organisers, volunteers and supporters to this year's Rás Mumhan.



As a company with strong roots in Munster, supporting an event of this calibre is important to us. Rás Mumhan represents preparation, determination, and teamwork. All of which are qualities that resonate strongly within our own organisation. This race has long been recognised as a proving ground for emerging cycling talent, and it continues to showcase the strength of the sport across the region. Just as importantly, it brings communities together, creating a shared sense of pride and connection that extends well beyond the competition itself.

At Dornan, we believe in backing commitment and excellence, whether that is on the road, on site, or within the communities where we live and work. We are delighted to play a part in an event that showcases the energy of Munster while welcoming competitors from across Ireland and beyond.

As our business continues to grow across Ireland, the UK, and Europe, we remain committed to investing in our people and our communities. For those interested in building a career with Dornan, we encourage you to explore the opportunities available across our disciplines by visiting our website.

We wish every rider a safe and successful race, and we extend our thanks to the organisers and volunteers whose work makes this weekend possible.

Micheál O'Connor

Group Managing Director



Check Out Our  
Careers Site

# Race Officials 2026

<b>Race Director</b>	John Breen
<b>Race Secretary</b>	Sinead Moriarty
<b>Race Media</b>	Mark Murphy
<b>Race Command Vehicle</b>	Stephen Daly / John Galvin
<b>Commissaire President</b>	
<b>Commissaire 2</b>	Anthony Kenneally
<b>Commissaire 3</b>	Richard O Gorman
<b>Moto Commissaire 1</b>	Roddy Keane
<b>Moto Commissaire 2</b>	James McLaughlin
<b>Blackboard</b>	Tom Gentleman
<b>Blackboard</b>	Conor O Leary
<b>Chief Judge</b>	Henry Whitston
<b>Photo Finish</b>	Mick Twomey
<b>Chip Timing</b>	Loch Miwa
<b>Results &amp; Jersey Coordination</b>	Brian Conroy (Pop-up Races)
<b>Results &amp; Jersey Coordination</b>	Joan Curtin
<b>Chief Moto Marshal</b>	
<b>Moto Marshal</b>	Damian Phelan
<b>Moto Marshal</b>	Stephen Whelan
<b>Moto Marshal</b>	Martin O Loughlin
<b>Moto Marshal</b>	Sean Kelly
<b>Moto Marshal</b>	Gerry Christie
<b>Moto Marshal</b>	Paddy Callaly
<b>Moto Marshal</b>	Joe Hahessy
<b>Moto Marshal</b>	Kieran O Connell
<b>Moto Marshal</b>	Michael Rea
<b>Moto Marshal</b>	Mick Cogan
<b>Moto Marshal</b>	Keith Slowey
<b>Moto Marshal</b>	Billy McCullins
<b>Moto Marshal</b>	Stephen Carville
<b>Moto Marshal</b>	Garry Walsh
<b>Moto Marshal</b>	Terry O Regan
<b>Moto Marshal</b>	Sean Bohan
<b>Moto Marshal</b>	Paul O Sullivan
<b>Moto Marshal</b>	Mick O Dwyer
<b>Moto Marshal</b>	Stephen Patterson
<b>Moto Marshal</b>	Jim McAuliffe / Richie O Gorman

<b>Race Director Driver</b>	Mick O Donnell
<b>Commissaire President Driver</b>	Sean McIlroy
<b>Commissaire 2 Driver</b>	Hannah Gibney
<b>Commissaire 3 Driver</b>	Eddie Keogh
<b>Route Coordinator</b>	
	Anthony Tancred
<b>Signage / Stage End</b>	John Colleran/Martin Murray
<b>Branding / Barriers / Crowd Control</b>	John Riordan
<b>Branding / Barriers / Crowd Control</b>	John Barrett
<b>Branding / Barriers / Crowd Control</b>	Chris White
<b>Branding / Barriers / Crowd Control</b>	Brian Hennessy
<b>Branding / Barriers / Crowd Control</b>	David Maes
<b>Branding / Barriers / Crowd Control</b>	Stephen Burns
<b>Race Sponsors Car</b>	
	Darren Tutty
<b>Lead Car 4</b>	Pat Moss
<b>Lead Car 3</b>	Sinead Moriarty
<b>Lead Car 2</b>	Stevie Griffin
<b>Lead Car 1</b>	Sean Flahive
<b>Ceremonial Lead Car</b>	Denny McSweeney
<b>Lead Car Host Club</b>	John Mangan / Donie Kelliher
<b>Race Paramedic / First Aid</b>	John McCarthy & Ambulance Crew
<b>Race Paramedic Driver</b>	Damian Roche
<b>Neutral Service 1</b>	Mick Reidy / Billy Reidy
<b>Neutral Service 2</b>	Robert McCarthy / Denis O Shea / Mike Breen
<b>Service Vehicle</b>	Michael O'Shaughnessy
<b>Broom Wagon</b>	William Roche
<b>Race Radios</b>	
	Declan Halligan
	David Halligan
<b>Race Admin</b>	
	Margaret Blondeel
	Sarah Tarrant
	Hannah Gibney
<b>Race PA</b>	
	Dany Blondeel
<b>Race Photographer</b>	Caroline Kerley
<b>Race Videographer</b>	Craig Moss
<b>Race Digital Communication</b>	Saidbh Murphy
<b>Race Digital Communication</b>	Keith Colville
<b>Race Manual Publication</b>	Chris White



## GENERAL RACE INFORMATION

1. Riders, team drivers and race officials are advised that roads for the Dornan Rás Mumhan are not closed to other traffic.
2. Due care should be exercised and responsibility rests with riders and all race drivers to observe the Road Traffic Acts at all times.
3. Where possible, stewards will be in position at relevant road junctions, centre road traffic islands and other road hazards. A series of traffic islands may be indicated by a steward at the first traffic island only. As time gaps develop between groups it will not be possible for stewards to remain in position for the passage of all groups.
4. The function of race stewards at road junctions is to indicate direction; responsibility rests with the riders/drivers to decide whether the movement is safe.
5. The race takes place on open roads which vary from well surfaced dual carriageways to poorly surfaced winding narrow roads. Riders are advised that potholes and distressed surfaces will be encountered during the course of the race.
6. The behaviour of drivers in the race cavalcade is subject to the rules of the road and actions by cavalcade drivers that place the safety of race participants, other road users or themselves in jeopardy will be punishable with penalties up to exclusion from the race cavalcade.

**The race HQ is River Island Hotel in Castleisland, V92 HWN0**

**Note – this is 50 km to the TTT Start for 2026**

## TEAM REGISTRATION & SIGN-ON - Friday 3<sup>rd</sup> April 2026

1. Registration and Sign-On from 10.30 – 12.15 in Ballybunion Community Centre, Ballybunion, V31 TV25.
2. Teams should complete registration 1 hour 15 minutes before their start time.
3. Each rider will need to sign on in person to the starters list.
4. Each rider is required to present the following at sign on:
  - a. A current UCI affiliated federation licence & Photo ID
  - b. Team official name.
  - c. Equipment for Neutral Service if required.
  - d. Each rider will receive a race number at sign on.
  - e. Each rider will receive one race bike timing transponder at sign on.
5. The race bike timing transponder will have to be collected from Pop Up Races at sign on.
6. A €100.00 deposit will be required per Team for the transponders; this is refunded on return of same. To be paid by card.
7. Each Team Manager is required to present the following at sign on:
  - a. A current UCI affiliated federation licence & Photo ID.
  - b. Team official name.
  - c. Team vehicles registration numbers.
  - d. Team manager's mobile phone number.
8. Race Officials Meeting: will take place at 14.45 in Asdee GAA Club, Jack Walsh Park, Tullahennel North, V31 PY27.
9. Managers Meeting & Team Car Number Handout: the Chief Commissaire and the Race officials will meet team managers in Asdee GAA Club, Jack Walsh Park, Tullahennel North, V31 PY27, before stage 1B start in the main sign on area at 15.00.
10. Race Radio will be available via Declan Halligan for fee of €30.00 + Deposit €100.00
11. Pairc Fermé for Stage 1B will be Asdee GAA. Assemble before 15.50.

## Cavalcade Organisation

At the start of each stage, we have a separate section of car parking reserved for team vehicles. This Pairc Fermé is the only place a car can join the race cavalcade. Cavalcade numbers are issued to cars entering the area. Once inside you are to park in your designated position and wait there until your car is called forward. Once within the Pairc Fermé you must surrender your cavalcade number if you wish to leave the area. It will be returned to you on your return provided it is before the time the Pairc Fermé closes. This is 10 minutes before the stage start.

Please note each team vehicle is issued with:

1. A blue sticker "**Team Car**". This must be placed at the top of the windscreen at the front of the vehicle.
2. Two race cavalcade numbers. These numbers are issued each day at Pairc Fermé and must be placed on a vertical surface within the vehicle so that one faces forward and the other to the rear. These numbers must be easily read from following vehicles and from race and/or Garda motorcycles. Please ensure they do not obstruct the drivers view. Cavalcade numbers are colour coded for each day, are dated, and have the stage number printed on them.

## Race Results

Provisional results for each stage will be available in live time, as riders cross the finish line: <https://www.popupraces.ie/>

The Official Race results will be posted at the end of each stage on the Rás Mumhan website at <https://rasmumhan.ie/results-2026/>

## Race Radio

Each support vehicle must be equipped with a 2-way radio on the same frequency as the Race Organisation and Commissaires. Race Radio will be available via Declan Hannigan on payment of a €100.00 deposit and a fee of €30.00 for the weekend. Transmission is reserved to Race Organisation, Commissaires or Gardai. Only if it is urgent or important should team managers transmit or if requested to do so by a Commissaire. Radios must be returned in a similar condition as supplied and signed back in by a member of the Race Organisation. The individual signing for the radio is responsible for any radios lost/damaged. Race radio frequency is **453.5625mhz**.

## Distances in the road books

The route distances/elevations as shown in the tables/maps were measured with GPS and may not be 100% accurate to the actual course.

## Medical Services

Race Medical Services consists of Race Paramedic, ambulances and ambulance personnel. The Race Paramedic will be available for consultation for 30 minutes after the Broom Wagon at the race ambulance, parked at the finish line of each stage.

## Local Hospital Details

### Day 1 (Friday)

- University Hospital Tralee, Co Kerry, V92 NX94 – Tel: 066 718 4000
- SouthDoc.ie – Listowel Primary Care Centre, Convent Road, Greenville Road, Curraghatoosane, Listowel, Co. Kerry, V31 TN25 – Tel: 068 561 01

### Day 2 (Saturday)

- University Hospital Tralee, Co Kerry, V92 NX94 – Tel: 066 718 4000
- SouthDoc Killarney, Killarney Park Shopping Village, Upper Park Road, Killarney, Co. Kerry, V93 CVF9
- Killorglin Health Centre, Mill Road, Castle Conway, Killorglin, County Kerry, V93 WP46
- SouthDoc.ie - Cahirciveen Day Care Centre, St Anne's Community Hospital, New St, Garranebane, Cahersiveen, Co. Kerry, V23 PW84 -Tel: 0818 355 999

### Day 3 (Sunday)

- Mallow General Hospital, Limerick Rd, Kilknockan, Mallow, Cork, P51 N288 – Tel: 022 21 251
- Macroom Primary Care Centre, Fair Green Plaza, Macroom, County Cork, P12 ET82

### Day 4 (Monday)

- University Hospital Tralee, Co Kerry – V92 NX94 – Tel: 066 718 4000

- Killorglin Health Centre, Mill Road, Castle Conway, Killorglin, County Kerry, V93 WP46

## **Extreme weather protocol**

The protocol involves notably the compulsory convening of a meeting between the President of the Commissaires Panel, the Race Director, a representative of the race organisation, the Chief judge, a representative of the riders chosen by the President of the Commissaires Panel and a team manager chosen by the President of the Commissaires Panel when extreme weather conditions are anticipated prior to the start of a stage. Extreme weather conditions can be considered to be likely to occur if a weather warning from Met Eireann has been issued or if local observation leads to the conclusion that conditions need to be assessed.

The meeting shall be held in a suitable environment and in a formal manner; an executive summary of the meeting shall be drawn up by the President of the Commissaires' Panel and remitted with the race report. The extreme weather conditions that could lead to this meeting include:

1. Freezing rain
2. Snow accumulation on the road
3. Strong winds
4. Extreme temperatures
5. Poor visibility
6. Air pollution

Depending on the type of condition that may be encountered the following actions may be taken:

1. No action
2. Modification of the start venue
3. Modification of the start time
4. Modification of the finish venue
5. Use of an alternative course
6. Neutralization of a section of the stage/race
7. Cancellation of the stage/race

The outcome of such a meeting will be published at least fifteen (15) minutes prior to the scheduled race start.

## **Race Specific Regulations**

### **Article 1: Organisation**

The Dornan Rás Mumhan is organised by Cycling Munster under the regulations of Cycling Ireland and these specific race regulations. It is to be held from the 3<sup>rd</sup> of April 2026 to the 6<sup>th</sup> of April 2026, inclusive.

### **Article 2: Type Of Event**

The event is open to athletes holding a C+, C1, C2, C3 and Junior category licence issued by Cycling Ireland or the equivalent licence from another UCI National Federation. The event is entered on the Cycling Ireland Road Racing calendar. Riders who hold a licence from a UCI Registered team are graded as C+. Riders who hold a licence from another UCI registered federation are graded as C1.

## Article 3: Participation

The event is open to the following teams:

3.1 National, Provincial or County team selections subject to the conditions of Article T1.5 of the Cycling Ireland Technical Regulations.

3.2 Club Teams where riders are all members of the same club. If members of a Cycling Ireland affiliated club, riding as guest riders for another Cycling Ireland affiliated club, must have a letter of authority from their own club permitting them to ride as guest riders for another club. All riders must be attired in identical jerseys. The constitution of a club team must be consistent with Cycling Ireland regulations.

3.3 Composite Teams (teams made up of riders who are members of different clubs) Members of a Cycling Ireland affiliated club riding as part of a composite team must have a letter of authority from their own club permitting them to ride on the composite team. All riders must be attired in identical jerseys which will need approval from the race organisation. A composite team must declare its panel of riders and then get permission from the race organisation following consultation with the President of the Commissaires Panel in order to be allowed to enter the event.

3.4 Teams must be formed of five (5) riders of C+, C1, C2, C3 or U23 Categories. Junior only teams must be formed of up to six (6) riders. Teams may not be mixed between Junior and C+, C1, C2, C3 or U23 Categories. Entry to the race by riders who are members of a UCI registered team is regulated by 3.1 above. UCI registered teams may only enter the event at the discretion of the Race Organisation and subject to the particular UCI regulations.

**Note:** The acceptance of any entry is at the discretion of the Race Organisation and President of the Commissaires Panel.

## Article 4: Dornan Rás Mumhan - Race Schedule & Headquarters

### Stage 1A - Friday 3rd April 2026 | Ballybunion Community Centre, Ballybunion, V31 TV25

Registration and Sign-On from 10.30 – 12.15 in Ballybunion Community Centre, Ballybunion, V31 TV25.

Each rider will need to sign on in person.

Riders assemble at Nun's Beach Road, Ballybunion, V31 KF97.

TTT starts on Main Road. Do not approach the start until called.

Road race kit and equipment only. Unbranded skin suits are not acceptable.

Official Team/Club Kit to be worn at all times!

First Team off at 12:32pm

All teams should register a minimum of 1hr 15mins before their start time.

### Stage 1B - Friday 3rd April 2026 | Asdee GAA Club, Jack Walsh Park, Tullahennel North, Asdee, V31 PY27

Sign-On and Jersey presentation from 14:30 – 15:30 at Asdee GAA Club.

Each rider will need to sign on in person.

Pairc Fermé will be located in Asdee GAA car park, assemble by 15:45.  
Race Officials Meeting: will take place at 14.15 in Jack Js Public House, Asdee, V31 TD73. Roll out at 15:50 from Asdee village.  
Neutral is 5.3km for the riders, team cars will move out after the riders in race order. The Neutral Section will go through Asdee Village, pass the Soccer Club, turn next right (onto L1000), then first left (at the crossroads) and first left back onto the main road (R551) in the opposite direction. The riders will again pass through Asdee and racing will start 1.1km after the village making the total neutralised section 5.3km.

### **Stage 2 - Saturday 4th April 2026 | St Oliver's School, V93 W594**

Sign-On from 08:30 – 9:30 St Oliver's School, V93 W594  
Each rider will need to sign on in person.  
Pairc Fermé will be located inside the school car park.  
Race Officials Meeting will take place at 9.00 in sign on area. Roll-Out at 9:45.

### **Stage 3 - Sunday 5th April 2026 | Glens Arena, P51 X4H9**

Sign-On from 09:30 – 10:30 Green Glens Arena, P51 X4H9  
Each rider will need to sign on in person.  
Pairc Fermé will be located inside the Green Glens Arena.  
Race Officials Meeting will take place at 10.00 in sign on area. Roll-Out at 10:55.

### **Stage 4 - Monday 6th April 2026 | K.C.Y.M.S. Community Hall, V93 DN1Y**

Sign-On from 09:15 – 10:15 K.C.Y.M.S. Community Hall, V93 DN1Y  
Each rider will need to sign on in person.  
Pairc Fermé will be located in the Fair Field outside the Hall.  
Support vehicles (Not Team Cars) are asked to park in the Fexco Car Park, Langford Street.  
Race Officials Meeting will take place at 09.45 in sign on area. Roll-Out at 10:40.

### **Article 5: Neutral Technical Support.**

Neutral service will be available from at least one vehicle as provided by the Race Organiser. This vehicle will provide a service to the teams supplying equipment to them. Such equipment must be in prime working order and must be acceptable to the Neutral Service Crew. It must be clearly marked by the supplying team.

Wherever possible this Neutral Service Car will aim to service the leading rider or group of riders without another team car being present. This is the intention but cannot be guaranteed due to the nature of the gaps, road conditions or indeed racing incidents.

All equipment issued by neutral service or by a team vehicle to a member of another team must be returned and/or replaced immediately following the stage. Failure to do so may result in penalties.

All team cars will provide open service in a fair and sporting manner to members of other teams where the situation demands or were instructed to do so by a Commissaire. If a situation arises where the Neutral service crew is engaged then a Commissaire will request another car in the cavalcade to provide service to the next

rider requiring service, then another car to the next rider and so on. Any team car that refuses to comply with such a request will be relegated to the end of the cavalcade.

Similarly, in the event of a rider in a dropped group needing service and his car not being in attendance or a Commissaire not being in attendance then the above procedure should apply on a voluntary basis.

### **Article 6: Frame Numbers**

Frame numbers must be used by all riders and properly fitted on the rear of the saddle post. Failure to do so may result in a fine of €20 for each offence in addition to the penalties specified in Cycling Ireland Rules.

### **Article 7: Duly Noted Mishaps**

The regulation governing the treatment of a duly noted fall, a puncture or the breakage of an essential part will not apply in Stage 1A or Stage 3. It will apply in the final 3.8km of Stage 1B, in the final 3km of Stage 2 and in the final 4.1km (1 lap) of Stage 4.

### **Article 8: Finishing Time Limits**

The time limit for the event will be 20% for stages 1B/2/3/4. Riders arriving at the stage finish with a time greater by 20% than the stage winner's time will be declared non-finishers. On stages where there is a lap included in the route, the Commissaires may request a rider or a group of riders to pull over and allow the front groups through. An adjustment to the time of these riders will be made in the result sheet as an approximation of time lost. There may also be a time control on entry to the circuit where the same time adjustment will be made. Riders arriving at the entry to the circuit at over 20% of the leader's time may not be allowed on the circuit and be deemed non finishers for the stage.

### **Article 9: Stage 1A – Team Time Trial (TTT)**

1. The Team time trial will be run in accordance with the Cycling Ireland rules relating to time trials.
2. Teams will consist of a team's full Rás Mumhan team entry.
3. The team time shall be that of the 3rd finisher for teams of 3 and more. Riders dropped by more than one (1) second will be given their individual times.
4. No team shall have more than the number specified by the organiser nor less than that required to give a finishing time.
5. Finishing times will be taken to the nearest 1/100 of a second.
6. Restarts will not be permitted under any circumstances.
7. Items of food and drink and bicycles, or parts thereof may be exchanged between members of the same team.
8. Pushing is not permitted, even among members of the same team. Where a team or member(s) of a team are found guilty of such offence the team will be liable to disqualification.
9. A rider that has been dropped by their team may neither join another team nor receive or provide assistance to or from anyone other than their own team members.

10. Where following vehicles are permitted, the driver must hold a licence issued by a federation affiliated to the UCI. They may be required to carry a neutral observer and will be required to maintain a distance of at least 25 metres behind the rider.
11. The following vehicle may carry equipment necessary for changing wheels or bicycles.
12. No equipment for riders may be prepared or held outside the following vehicle nor will persons travelling in the vehicle, excessively reach out or sit on the windowsill, while the vehicle is in motion. Breakdown service must only be given with both the rider and vehicle stationary.
13. In the event of a Team being caught by another Team then the following vehicle may only pass the caught Team when the gap between the two Teams is 50 or more metres.
14. In the event of a Team with a following vehicle being caught by another Team with a following vehicle, then until such times as the gap between the two Teams is greater than 50 metres, the vehicle of the faster rider will have precedence.
15. Teams are to remain on their own side of the road at all times and should not cross the white line.
16. All equipment used shall be road race equipment only. No TT bikes, aero helmets\bars, disc wheels, etc allowed. Race Team/Club kit to be worn, generic non-branded TT/Speed suits are not allowed. For non-compliance, permission to start may be withheld.
17. A maximum deficit of 1 minute for all riders/teams will apply, if there has been a genuine effort to race (to be decided by the Commissaire panel).
18. On finishing, teams are asked to continue straight through the finish to a safe area on the left-hand side, so as not to cause any obstruction after the finish line.

#### **Article 10: Stage 1B**

- a) Feeding will not be permitted on the last lap of the circuit and must be done from the roadside, i.e. no feeding from cars and must take place on the left-hand side of the road only!
- b) Riders who are ten (10) minutes or more down on the race leaders will not be permitted, in normal circumstances, entry to the finishing circuit (15.24km). Such riders will be withdrawn by a race Commissaire at the entry point to the circuit. Rider's details will be noted, and the riders will be credited as finishing the stage but will have a correction factor added to their time to reflect the situation.
- c) Any rider falling ten (10) or more minutes behind the race leaders on the finishing circuit will be removed from the race at the end of the lap (finish line). Rider's details will be noted, and the riders will be credited as finishing the stage but will have a correction factor added to their time to reflect the situation.

#### **Article 11: Stage 2**

- a) At the Keel Village junction (76.1km), Riders who are Twenty-Five (25) minutes or more down on the race leaders will be held until after the front of the race passes and there is a suitable point where they can be released without interfering with the race. Times will be taken and will be adjusted after. All riders MUST finish the stage in order to start Stage 3.

## Article 12: Stage 4

- b) Riders who are two and a half (2.5) minutes or more down on the race leaders will not be permitted, in normal circumstances, on to the finishing circuit. Such riders will be withdrawn by a race Commissaire at the filling station 100m before Killorglin Bridge (71.6km). Transponders will be removed from bikes here; riders' details will be noted, and the riders will be credited as finishing the race but will have a correction factor added to their time to reflect the situation.
- c) Any rider falling two and a half (2.5) or more minutes behind the race leaders on the finishing circuit will be removed from the race at the Killorglin Sports and Leisure Centre. Transponders will be removed from bikes here; riders' details will be noted, and the riders will be credited as finishing the race but will have a correction factor added to their time to reflect the situation.

## Article 13: Bonuses

Time bonuses be awarded as follows to the first three riders on each Road Race stage as follows: 1st five (5) seconds, 2nd three (3) seconds and 3rd one (1) second

## Article 14: Classifications

The following classification(s) will be issued and in this order of precedence.

1. Individual General Classification
2. Points Classification
3. Mountains Classification
4. Individual U23 Classification
5. Individual Junior Classification
6. Individual C2 Classification
7. Individual C3 Classification
8. Team General Classification

No rider will be awarded more than one jersey following Stages 1A, 1B, 2 & 3. A rider winning prizes in more than one competition will accumulate all the cash prizes but will only be awarded the jersey with the highest precedence.

Following Stage 4 the final classification winner of each category will be awarded both the jersey and the appropriate cash prize. There is no limit to the number of jerseys or prizes a rider can accumulate in the final classification.

The prime line for the Mountains competition will be marked by the waving of a flag or by the positioning of a marker board (except in Stage 1A TTT). The start of the climb will be indicated by a sign bearing that information. Points will be awarded in the Mountain Classification as follows:

- ❖ Cat 1 - 20, 15, 11, 8, 6, 5 to the first 6 riders
- ❖ Cat 2 - 15, 11, 8, 6, 5 to the first 5 riders
- ❖ Cat 3 - 10, 7, 5, 4 to the first 4 riders
- ❖ Cat 4 - 5, 3, 2 to the first 3 riders
- ❖ Cat 5 - 3, 1 to the first 2 riders
- ❖ Cat 6 - 1 point to the first rider

Points will be awarded in the Points Classification as follows: 15, 12, 10, 8, 6, 5, 4, 3, 2, 1 to the first ten (10) riders in each stage.

All classifications will be decided in accordance with Cycling Ireland stage race regulations.

### **Article 15: Team Service Cars**

A team car, the height of which must not exceed 1.66 metres will be permitted in the race to support each properly formed team. Team Managers and drivers must be in possession of a licence issued by a UCI National Federation.

All race officials must be in possession of a licence issued by a UCI National Federation. One team vehicle per team will be permitted in the race cavalcade. Each team vehicle in the race cavalcade must contain another competent person in addition to the driver who must stay with the vehicle at all times. To qualify entry of a vehicle into the race cavalcade, a team must start stage 1 with a minimum of four riders.

No team vehicle will be permitted to pass any group within the last 10km of any stage.

The president of the Commissaires Panel may opt to remove some or all of the cars in the race cavalcade when the race enters the finishing laps on Stage 4.

All service must take place on the left-hand side of the road. Failure to do so may result in a penalty of €20 in addition to the penalties specified in Cycling Ireland Rules, for each offence.

Feeding from following vehicles will be normally permitted after 30 Km and up to 20 Km from the finish of the event. This may be relaxed due to weather conditions. In such circumstances the Commissaires will make an announcement to the effect.

Feeding must take place behind the Commissaires vehicle except in a group of 15 or less riders when feeding may take place alongside the rider at the back of the group.

Feeding must not take place on an ascent or descent, nor within 1 km of a prime.

### **Article 16: Start Of The Race**

All team service cars must start from the nominated *Pairc Fermé* – Gates will close 10 minutes before rollout:

- Stage 1A: Assemble in Nuns Beach Road – Do not approach the start line until called. No warming up on the course during race time.
- Stage 1B: *Pairc Fermé* will be located at Asdee GAA, Asdee.
- Stage 2: *Pairc Fermé* will be located St Oliver's School, Killarney.
- Stage 3: *Pairc Fermé* will be located at the Green Glens Arena car park.
- Stage 4: *Pairc Fermé* will be located at the Fair Field car park behind the KYCMS Community Hall, Killorglin.

Team service vehicles will be presented with their cavalcade numbers at the *Pairc Fermé*. *Pairc Fermé* will open for entry of vehicles at 30 minutes before the stage start time. It will close at 10 minutes to go before the stage start time. Team service vehicles not presenting at *Pairc Fermé* will be relegated to last place in the cavalcade. Riders are to assemble in the *Pairc Fermé* prior to the race start each day.

There is a controlled roll-out to a rolling start each day. Riders overtaking the race control vehicle will be subject to a time penalty of 30 seconds.

## Article 17: Penalties And Appeals

The control of the race is under the Panel of Commissaires, which has the right to interpret and apply the rules as they see fit. For infringements of Cycling Ireland or Special Race Rules, they may apply monetary and/or other penalties. The decision of the Panel of Commissaires is final. No appeal against their decisions will be entertained. All fines levied must be paid to the President of the Commissaires Panel before the start of the following stage, failure to do so will result in the rider being excluded from the start of that stage. In addition to the penalties specified in these specific regulations, the Cycling Ireland penalty scale is the only one applicable.

## Article 18: Awards Ceremony

**Please note there will be no presentation after the TTT – Stage 1A**

Instead, 6 jerseys presented at Stage 1B sign on and the 6 jersey wearing riders will be called to the front at assembly. No rider will be awarded more than one jersey. A rider leading in more than one competition will only be awarded the jersey with the highest precedence eg. the best placed U23 rider on GC is wearing Yellow the White Jersey will fall back to the next best placed U23 rider.

The Jerseys to be presented are as follows:

- |                     |          |
|---------------------|----------|
| 1) Race Leader      | – Yellow |
| 2) Mountains Leader | – Polka  |
| 3) U23 Leader       | – White  |
| 4) Junior Leader    | – Red    |
| 5) C2 Leader Jersey | – Navy   |
| 6) C3 Leader Jersey | – Orange |

**For all other stages**, the following riders must attend the official awards ceremony at the end of each stage:

- The first three (3) riders on the stage
- The leaders of the following classifications:
  - *Individual General*
  - *Points*
  - *Mountains*
  - *Individual Under 23*
  - *Individual Junior*
  - *Individual C2*
  - *Individual C3*

will present themselves at the podium in a time limit of maximum 15 minutes after the third placed rider on the stage crosses the finish line. Failure to do so may result in a fine of 100% of the prize money and/or exclusion from the race. A rider arriving late for podium presentations will be required to present themselves before the Panel of Commissaires before the start of the next stage. The Panel of Commissaires will decide the scale of the penalty that may be imposed. The presentation of race classification jerseys will take place on the finish podium at the end of each stage and after the stage winner's presentation.

Moreover, at the general finish of the event, the following riders must also present themselves at the final awards ceremony:

- The first three (3) overall on Individual General Classification
- The winner of the following secondary classifications:
  - Points
  - Mountains
  - Individual U23
  - Individual C2
  - Individual C3
  - Team General Classification

Following the arrival of the final stage the first, second and third rider on General Classification and each of the race category winners will present themselves for the prize presentation ceremonies. Failure to do so may result in a fine of 100% of the prize money due.

- Prize presentation will take place on the podium at the finish line in Killorglin directly after the race.

Prize presentation will take place at the finish line podium 20min after first rider crosses the line.

### Article 19: General Behaviour

Riders, Managers, Drivers, and other Support members of teams are reminded that we need to protect the image of the race. For example, urinating in public, cycling on footpaths, littering will carry serious sanctions for anyone caught doing so as well as any other acts that may be seen as having a negative impact on the sport, sponsors and/or the venues. Riders' numbers and Managers will be notified at the end of the stage.

**A fine of €50.00 will be made payable before signing on for the next stage.**

### Article 20: Anti-Doping

Control may be carried out by Sport Ireland, in line with UCI Anti-Doping regulations. Sport Ireland will be deemed to be the Results Management Authority. The Doping Control Station will be situated adjacent to the presentation podium and indicated by signage at the stage finish.

### Article 21: Prizes

The following prizes are awarded:

#### Perpetual Race Cups 2026

- |  |                                  |
|--|----------------------------------|
| 1) Overall Yellow Jersey Winner:       | <b>The Paddy O'Callaghan Cup</b> |
| 2) Overall White Jersey Winner (U23):  | <b>The Oliver McKenna Cup</b>    |
| 3) Overall Red Jersey Winner (Junior): | <b>The Paul O'Shea Cup</b>       |
| 4) Overall Navy Jersey Winner (C2):    | <b>The Tomás Walsh Cup</b>       |
| 5) Overall First Kerry Rider Winner:   | <b>Kerry Rider Shield</b>        |

#### Race Jerseys

1. Race Leader – Yellow
2. Points Leader – Green
3. KOH Leader Jersey – Polka Dot
4. U23 Leader – White

Rank	Stage 1A - Team	Stage 1B	Stage 2	Stage 3	Stage 4	Final GC
1	€300	€200	€200	€200	€200	€1,000
2	€200	€150	€150	€150	€150	€500
3	€175	€110	€110	€110	€110	€300
4	€150	€100	€100	€100	€100	€200
5	€100	€95	€95	€95	€95	€180
6		€90	€90	€90	€90	€150
7		€85	€85	€85	€85	€120
8		€80	€80	€80	€80	€110
9		€75	€75	€75	€75	€105
10		€70	€70	€70	€70	€100
11		€65	€65	€65	€65	€95
12		€60	€60	€60	€60	€90
13		€55	€55	€55	€55	€85
14		€50	€50	€50	€50	€80
15		€45	€45	€45	€45	€75
16		€40	€40	€40	€40	€70
17		€35	€35	€35	€35	€65
18		€30	€30	€30	€30	€60
19		€25	€25	€25	€25	€55
20		€20	€20	€20	€20	€50

1 - K.O.M		€50	€50	€50	€50	€100
2 - K.O.M						€75
3 - K.O.M						€50

1 - GC Team		€100	€100	€100	€100	€200
2 - GC Team		€75	€75	€75	€75	€150
3 - GC Team		€70	€70	€70	€70	€125
4 - GC Team		€60	€60	€60	€60	€100
5 - GC Team		€50	€50	€50	€50	€80

1 - U23 Rider		€60	€60	€60	€60	€100
2 - U23 Rider		€50	€50	€50	€50	€75
3 - U23 Rider		€35	€35	€35	€35	€50
4 - U23 Rider		€30	€30	€30	€30	€40
5 - U23 Rider		€25	€25	€25	€25	€35
6 - U23 Rider		€20	€20	€20	€20	€30

1 - Junior Rider		€60	€60	€60	€60	€100
2 - Junior Rider		€50	€50	€50	€50	€75
3 - Junior Rider		€35	€35	€35	€35	€50
4 - Junior Rider		€30	€30	€30	€30	€40
5 - Junior Rider		€25	€25	€25	€25	€35
6 - Junior Rider		€20	€20	€20	€20	€30

1 - C2 Rider		€60	€60	€60	€60	€100
2 - C2 Rider		€50	€50	€50	€50	€75
3 - C2 Rider		€35	€35	€35	€35	€50
4 - C2 Rider		€30	€30	€30	€30	€40
5 - C2 Rider		€25	€25	€25	€25	€35
6 - C2 Rider		€20	€20	€20	€20	€30

1 - C3 Rider		€60	€60	€60	€60	€100
2 - C3 Rider		€50	€50	€50	€50	€75
3 - C3 Rider		€35	€35	€35	€35	€50
4 - C3 Rider		€30	€30	€30	€30	€40
5 - C3 Rider		€25	€25	€25	€25	€35
6 - C3 Rider		€20	€20	€20	€20	€30

<b>Total Prize Fund</b>	<b>€ 17,700.00</b>					
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Team Name	TTT Start Time	Rider No.	Rider Name	Cat.
MUNSTER DORNAN JUNIORS	12:32	246	Kristupas Martinkus	JNR
		245	Tony Kenneally	JNR
		244	Colin Sheehan	JNR
		243	Oran O'Callaghan	JNR
		242	TBC	JNR
		241	TBC	JNR
SHAY MURPHY LEINSTER DEVELOPMENT	12:34	236	Darragh Byrne	JNR
		235	Fionn Killeen	JNR
		234	Jack Woods	JNR
		233	George Sevastopulo	JNR
		232	Oliver O'Shaughnessy	JNR
		231	TBC	JNR
CYCLING ULSTER	12:36	226	Curtis McKee	JNR
		225	Riley Smith	JNR
		224	James Armstrong	JNR
		223	Caleb McGreevy	JNR
		222	Adam Matthews	JNR
		221	Elliott McKeegan	JNR
SPOKES RT – OSCAR ONLEY DEVELOPMENT	12:38	216	Fraser Corfield	JNR
		215	Fraser Gemmell	JNR
		214	Louis Thornley	JNR
		213	Zach Barbour	JNR
		212	Raphael Jacquemet-Ross	JNR
		211	Brodie Duncan	JNR
DORNAN CYCLING MUNSTER (JUN)	12:40	206	Hugh Óg Mulhearn	JNR
		205	Andrew Connolly	JNR
		204	John O'Mahony	JNR
		203	Dairmuid Collins	JNR
		202	Shane O'Brien	JNR
		201	James Logue	JNR

Team Name	TTT Start Time	Rider No.	Rider Name	Grade	Cat.
KILLARNEY CYCLING CLUB	12:42	120	Frank Doherty	C2	
		119	Ewan Buckley	C1	
		118	Finn Roumen	C1	
		117	Yan Tsymbal	C1	
		116	Jamie Moss	C1	U23
GALWAY BAY CYCLING CLUB	12:44	115	Marc Blain	C2	
		114	Conor Dooney	C1	
		113	Conor Gath	C1	
		112	Liam Kilkenny	C1	
		111	Peter Quigley	C1	U23
COMPOSITE BLUE	12:46	110	TBC		
		109	TBC		
		108	TBC		
		107	TBC		
		106	TBC		
WESTPORT COVEY WHEELERS CC	12:48	105	Niall McLoughlin	C1	U23
		104	Bren Broekaart	C1	
		103	Charlie Kelly	C1	U23
		102	Travis Harkness	C1	U23
		101	TBC		
MOYNALTY CYCLING CLUB	12:50	100	Conor McKeown	C1	
		99	Sean Lenehan	C1	
		98	Joseph Mullen	C1	U23
		97	Mikey Flaherty	C1	U23
		96	Aaron Rafferty	C1	
VELO REVOLUTION/SPEED QUEEN	12:52	95	Eoin Clifford	C1	
		94	James McKenny	C1	
		93	Jared Tritschler	C1	
		92	James O'Shea	C2	
		91	Luke Cullen	C2	
UCD CYCLING CLUB	12:54	90	Ruairi Byrne	C1	U23
		89	Jason Kenny	C1	
		88	Hugh Butler	C1	U23
		87	Sean Lundy	C1	
		86	Eoin Kelly	C1	

Team Name	TTT Start Time	Rider No.	Rider Name	Grade	Cat.
PINERGY – ORWELL WHEELERS	12:56	85	Evan Keane	C1	
		84	Liam Crowley	C1	
		83	Luke Keaney	C1	
		82	Sean O'Kane	C1	U23
		81	Padraig Moran	C1	
O'LEARY STONE KANTURK	12:58	80	Ben Murphy	C1	
		79	Rory Condon	C1	U23
		78	Daragh McGee	C1	U23
		77	Patrick O'Loughlin	C1	U23
		76	Arnaud Dumoulin	C2	
HALESOWEN ACADEMY - MAPEI	13:00	75	Ben Arey	C1	U23
		74	Kaleb Herbert	C1	U23
		73	Harry Howlett	C1	U23
		72	Luke Mannings	C1	U23
		71	Ethan Squires	C1	U23
TEAM DAN MORRISSEY	13:02	70	TBC		
		69	TBC		
		68	TBC		
		67	TBC		
		66	TBC		
O'NEILLS SPIRIT RT	13:04	65	TBC		
		64	TBC		
		63	TBC		
		62	TBC		
		61	TBC		
McCONVEY CYCLES	13:06	60	TBC		
		59	TBC		
		58	TBC		
		57	TBC		
		56	TBC		
LIMBURG CYCLING SELECTION	13:08	55	Lars Rouffaer	C1	
		54	Juul Hendrixx	C1	U23
		53	Jip Schouren	C1	U23
		52	Sven Joosten	C1	U23
		51	Camiel Klignet	C1	U23

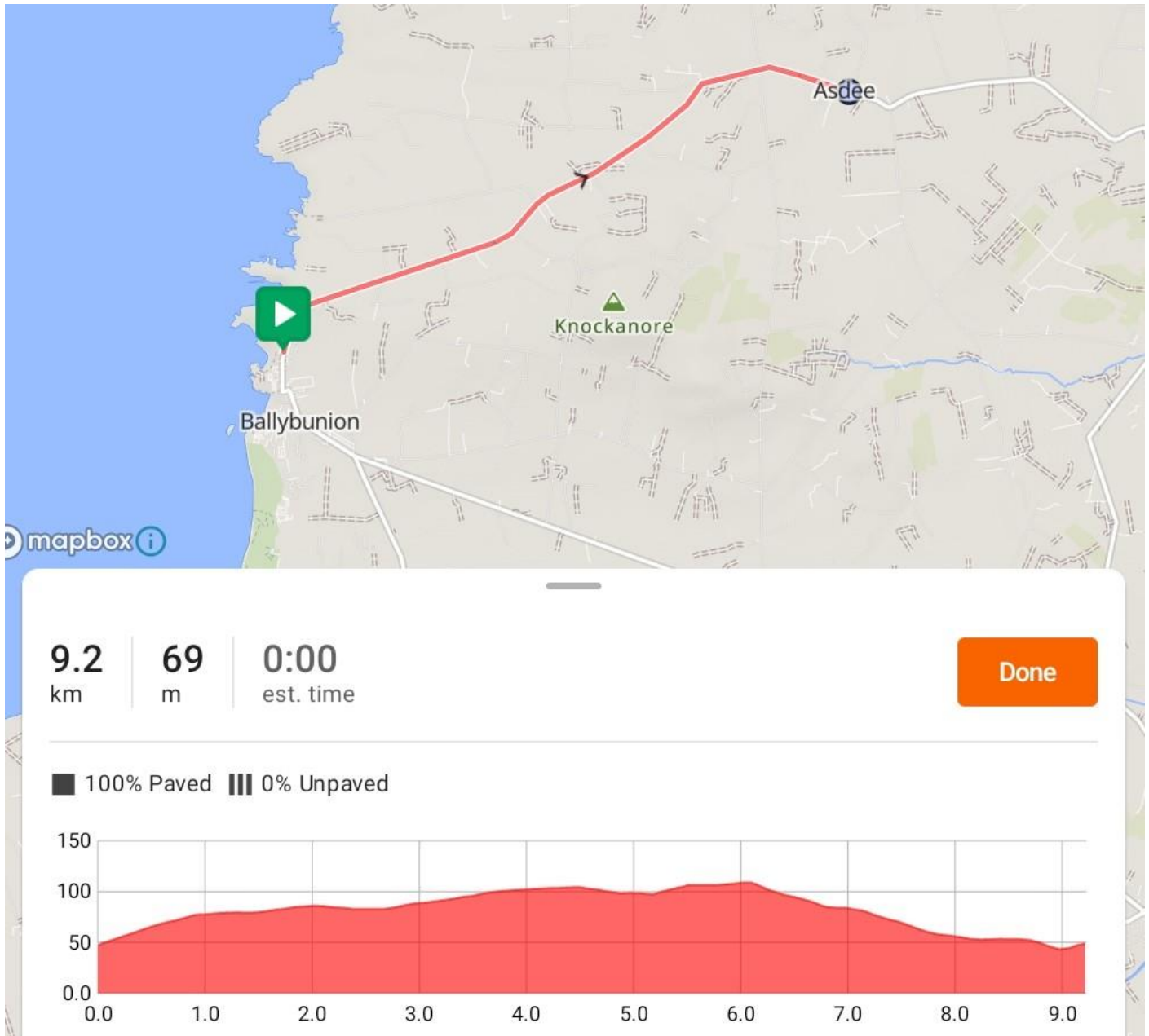
Team Name	TTT Start Time	Rider No.	Rider Name	Grade	Cat.
CALDWELL POWERHOUSE RACING	13:10	50	Darnell Moore	C1	
		49	Lindsay Watson	C1	
		48	Oisin Ferrity	C1	U23
		47	Odhran Doogan	C1	
		46	Darragh McCarter	C1	
TEAM NORTH	13:12	45	Herman Blikken Halfdansen	C1	
		44	Seán Feeney	C1	
		43	Magnus Flaterud	C1	U23
		42	Telman Tronstad Tveit	C1	U23
		41	Anders Waehre	C1	U23
BURREN CYCLING CLUB	13:14	40	John Buller	C1	
		39	Philip O'Connor	C1	U23
		38	Paul Kennedy	C1	
		37	Daire Feeley	C1	
		36	Mitchell McLaughlin	C1	
CYCLING MUNSTER DEVELOPMENT	13:16	35	Ben O'Keefe	C2	U23
		34	Daniel Lynch	C2	
		33	Luke Moynihan	C3	U23
		32	Jack McAuliffe	C3	
		31	Gary Lawlor	C3	
CYCLING CONNACHT	13:18	30	TBC		
		29	TBC		
		28	TBC		
		27	TBC		
		26	TBC		
CYCLING LEINSTER	13:20	25	Matthew Walls	C1	U23
		24	Luke Smith	C1	
		23	Tadhg Killeen	C1	U23
		22	Toby Sweetman	C1	U23
		21	David Harrington	C1	U23
WEST FRISIA	13:22	20	TBC		
		19	TBC		
		18	TBC		
		17	TBC		
		16	TBC		

Team Name	TTT Start Time	Rider No.	Rider Name	Grade	Cat.
RIDE REVOLUTION COACHING	13:24	15	Jake Hales	C1	
		14	Gabriel Dellar	C1	
		13	Nico Anelli	C1	
		12	Euan Campbell	C1	
		11	Keir Gaffney	C1	U23
VELO PERFORMANCE RACING TEAM	13:26	10	Curtis Neill	C1	U23
		9	Cal Tutty	C1	U23
		8	Luca Holmes	C1	U23
		7	Eoghan Lattimore	C1	U23
		6	Jack Conroy	C1	U23
FORAN CT	13:28	5	Dom Jackson	C1	
		4	Nathan Levitt	C1	U23
		3	Danylo Riwnyi	C1	
		2	Ollie Hucks	C1	
		1	Thomas Doig	C1	



# Stage Maps and Route Guides

**DORNAN Rás Mumhan Stage 1A | Friday 3<sup>rd</sup> April 2026**






*Figure 1 - Stage 1A TTT Route*

A Team Time Trial (TTT) provides an exciting start to the weekends racing. The TTT is a 9.24km, fast point to point course, adding a real team dimension to the race, that will challenge riders, both mentally and physically.

The first team off will start at 12:32 with the other teams following at 2-minute intervals. Starting in Ballybunion, near the Nun's Beach Road (Eircode: V31 KF97), we take to the R551 Doon Road for Asdee.

KOH is after 6.2km approx., a Category 6 climb with a point on offer for the first rider. On finishing, teams are asked to safely pull into the left hand side of the road, where possible, so as not to cause any obstruction after the finish line.

Changing facilities are available at Asdee GAA (Eircode: V31 PY27).

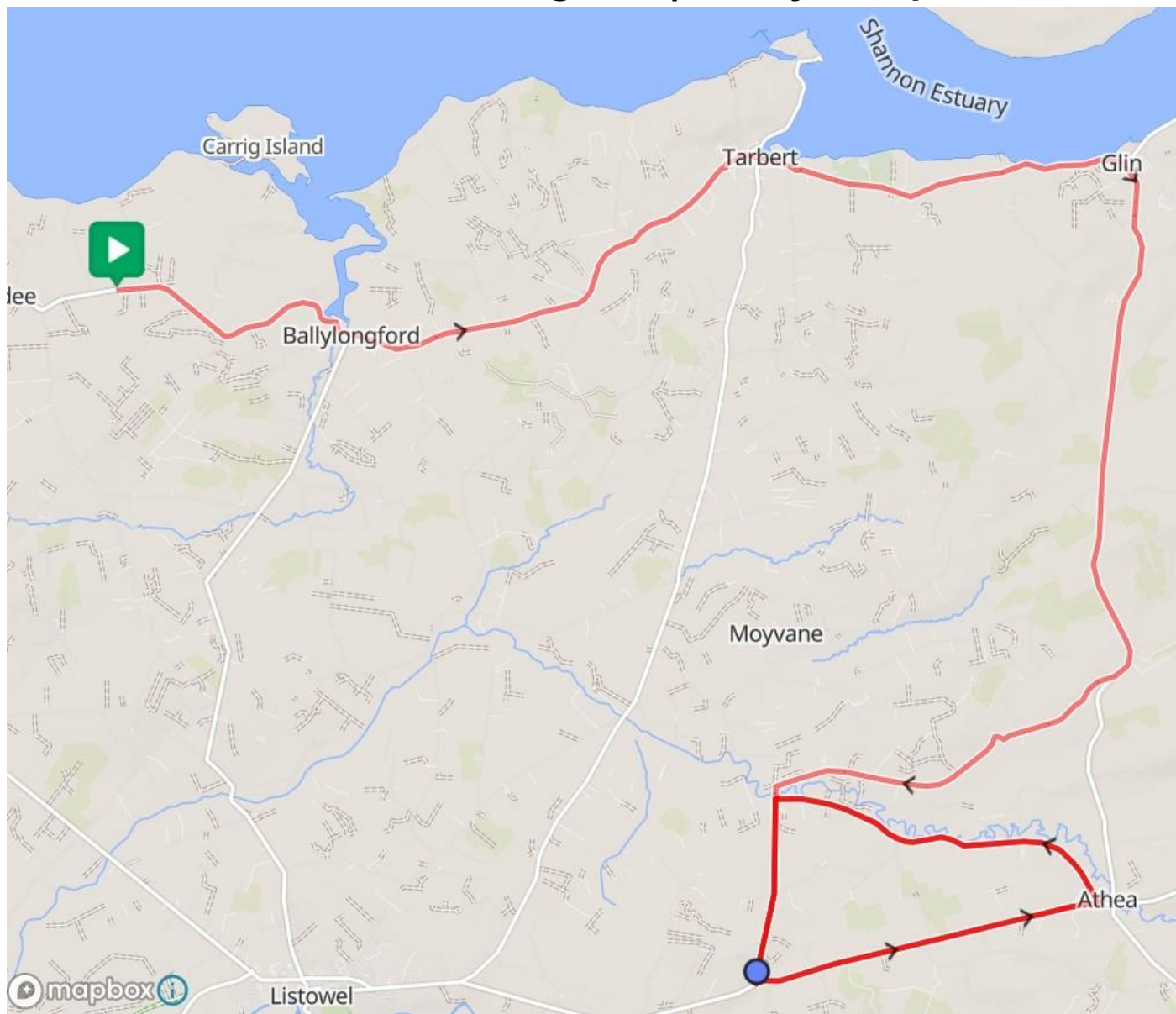
KM		Race Route			Schedule		
From Start	To Finish	Description	Feature	Instruction	45 Km/h	50 Km/h	55 Km/h
0.0	9.2	Nuns Beach Road – V31 KF97	Race Start	Standing Start	12:32	12:32	12:32
6.2	3.0	KOM Finish		 Cat 6 KOM Finish	12:37	12:36	12:36
9.2	0.0	Race Finish – End of Lap 3	Finish Line	 Finish Line 	12:51	12:43	12:42
				Expected last team's finish time	13:59	13:51	13:50

**Route Link:** [Stage 1A on Strava](#)

[Stage 1A on VeloViewer](#)



# DORNAN Rás Mumhan Stage 1B | Friday 3<sup>rd</sup> April 2026



**83** km | **735** m | **0:00** est. time

Done

■ 100% Paved ||| 0% Unpaved

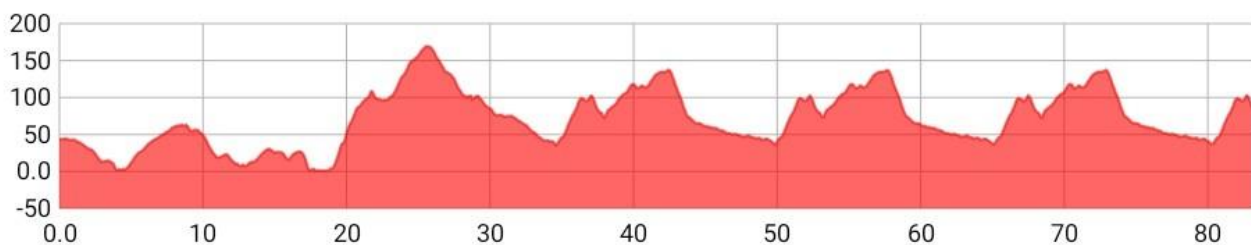


Figure 2 - Stage 1B Route

Stage 1B for the 2026 Dornan RAS Mumhan is a very interesting stage that is a coming together of previously used routes for cycle races. The stage will begin at an expected high speed as the race moves from Asdee to Ballylongford and onto Tarbert on mainly flat roads. The race then heads for County Limerick along the coast road turning right at Glin where the featured climb of the day to Ballyguiltenean begins on the Main Street of the town of Glin. This climb is over 5 kilometres in length and is sure to do some damage to the peloton. Once the race reaches Blaine Cross, it is another right turn in the direction of Moyvane turning left for Knockanure and quickly onto the circuit after 36km. Then it is through the finish line for the first time with three laps of the Athea-Knockanure circuit to decide the stage winner and a possible overnight taking of the Yellow Jersey.

Stage 1B is different from last year. Managers meeting will be in Asdee GAA @15:00.

Riders will assemble in Asdee GAA @15:45.

Team cars will assemble at Asdee GAA @15:45.

Roll out @15:50.

Neutral section is 5.3km for the riders, team cars will move out after the riders in race order.

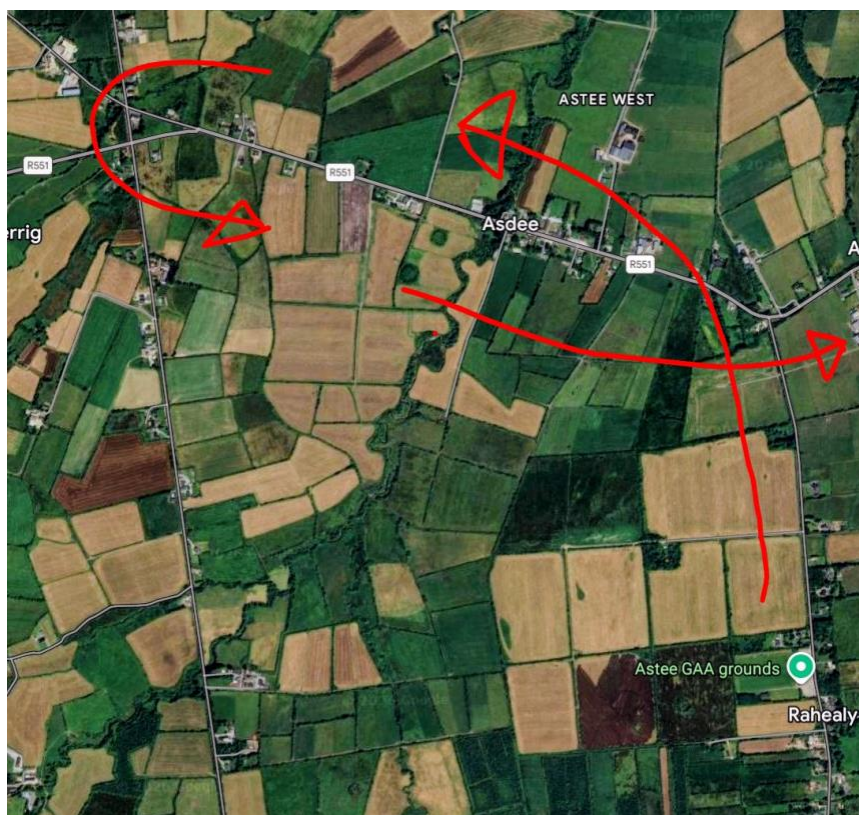






Figure 3 – Rollout for Stage 1B

Route Link: [Stage 1B on Strava](#)

[Stage 1B on VeloViewer](#)

KM		Race Route			Schedule		
From Start	To Finish	Description	Feature	Instruction	35 Kmh	40 Kmh	45 Kmh
0.0	83.6	Neutralised section to/from Asdee	Rollout	Direction – through Asdee, past Asdee FC, Turn Right (L1000), Turn Left, Turn Left (R551), back towards Asdee/Ballylongford/Tarbert	16:00	16:00	16:00
1.1	82.5	0km	Race Start	Straight Ahead	16:02	16:02	16:02
6.4	77.2	Ballylongford	Straight Ahead	Caution Bends and busy Centra shop	16:11	16:09	16:07
14.6	69.0	Tarbert	Straight Ahead	Busy town. Ferry junction on Left	16:21	16:19	16:17
20.8	62.8	Glin	Junction	Turn Right	16:31	16:27	16:23
20.9	62.7	Start of KOH Cat 2	Straight Ahead	 Category 2 KOM - Start	16:31	16:27	16:23
27.0	56.6	Finish of KOH Cat 2	Straight Ahead	 Category 2 KOM - Finish	16:40	16:36	16:32
29.6	54.0	Blaine Cross	Junction	Turn Right	16:44	16:39	16:35
36.3	47.3	Kilbaha Cross	Junction	Turn Left	16:54	16:48	16:43
36.4	47.2	Circuit Entry – Gale Bridge Cross	Junction	Straight Ahead	16:54	16:48	16:43
38.0	45.0	Finish Line - 3 Laps to go	Straight Ahead	Straight Ahead	16:56	16:50	16:45
39.6	44.0	Gortaglanna Junction	Junction	Turn Left	16:59	16:52	16:47
45.4	38.2	Athea – Brownes Bar Junction	Junction	Turn Left	17:08	17:00	16:54
50.5	33.1	Gale Bridge Cross	Junction	Turn Left	17:54	17:40	17:29
52.1	31.5	Finish Line - 2 Laps to go	Straight Ahead	Straight Ahead	17:15	17:07	17:00
53.8	29.8	Gortaglanna Junction	Junction	Turn Left	17:20	17:11	17:04
59.7	24.0	Athea – Brownes Bar Junction	Junction	Turn Left	17:29	17:19	17:11
66.3	17.3	Gale Bridge Cross	Junction	Turn Left	17:39	17:28	17:19
67.9	15.4	Finish Line - 1 Lap to go	Straight Ahead	Straight Ahead	17:41	17:30	17:21
69.6	14.0	Gortaglanna Junction	Junction	Turn Left	17:44	17:32	17:23
75.4	8.2	Athea – Brownes Bar Junction	Junction	Turn Left	17:53	17:40	17:30
79.8	3.8	Team Car Deviation	Junction	Cars turn left and stay on this road	17:59	17:46	17:35
82.0	1.6	Gale Bridge Cross	Junction	Turn Left	18:03	17:49	17:38
83.6	0.0	Race Finish – End of Lap 3	Race Finish	 Finish Line 	18:05	17:51	17:40

# DORNAN Rás Mumhan Stage 2 | Saturday 4<sup>th</sup> April 2026

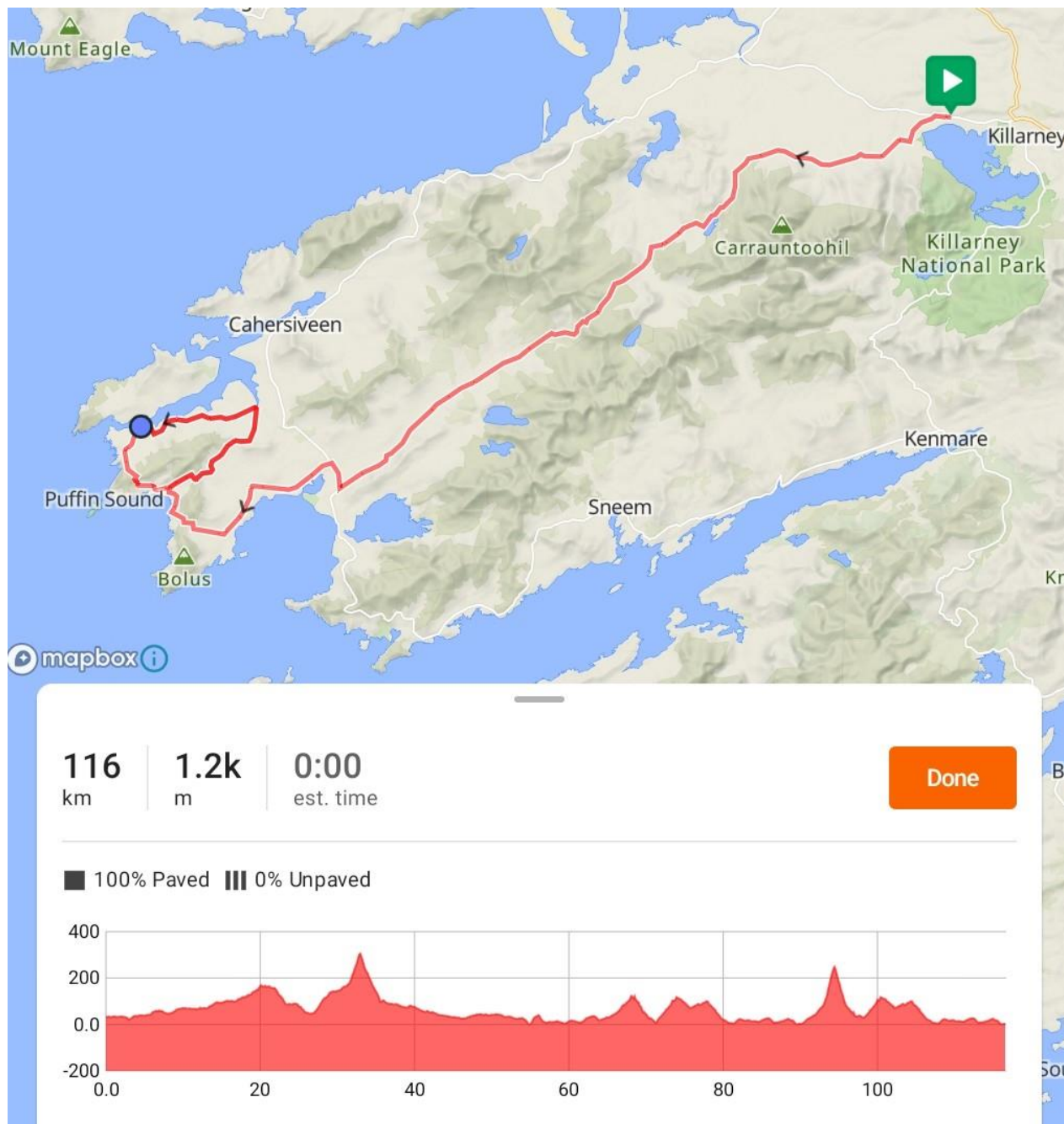


Figure 4 - Stage 2 Route

The Killarney stage, always an epic stage, and this year is no different with 7 KOH's. Starting with a 9km neutralised roll-out to Fossa from St. Olivers School. The racing will get underway at 10:00 am, approx 1km up the Gap Road heading over the Bord of Works to Glencuttane cross and head to South Kerry over Ballaghisheen.

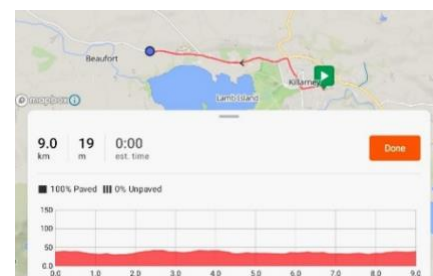


Figure 5 - Stage 2 Rollout

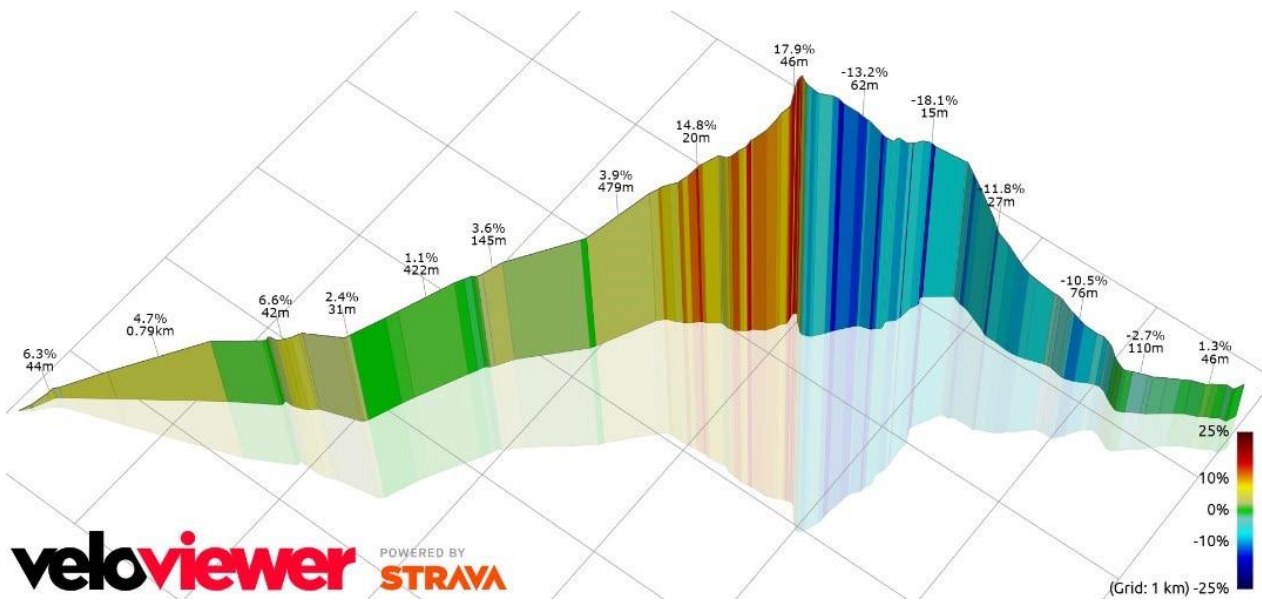


Figure 6 - Ballaghisheen

Following the road all the way to Chapel Cross, just outside Waterville, we turn right onto the N70 for approx. 1.7 km approx heading for Cahersiveen. At Sugrue Auctioneers we take the R567 heading for Ballinskelligs from where we ascend the Coom into taking in the breathtaking vista as we crest the top on our way into The Glen and down to St. Finian's Bay.

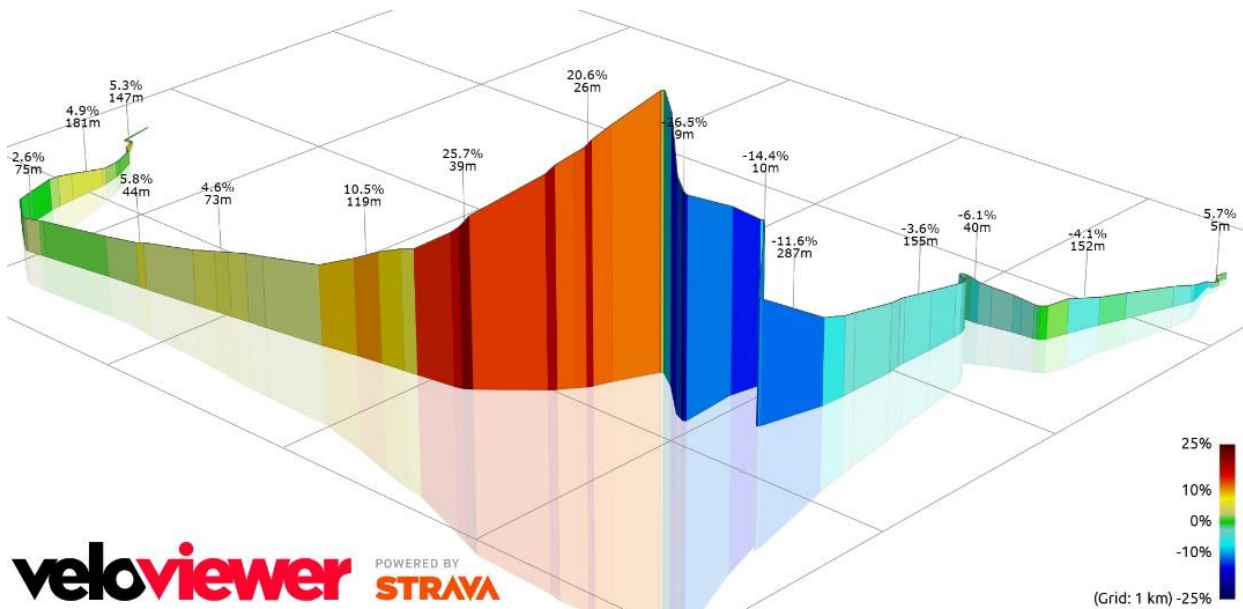


Figure 7 - Coomanaspic

From here, it's up and over the Cools climb to Ardcost cross where we turn left for our first visit to Portmagee Village. From here we take on the toughest climb of the day, Coomanaspic.

Down the technical descent and back through St. Finian's Bay Village, we again head up and over Cools, the final KOH, to Ardcoast cross where we turn left for our second visit to Portmagee Village and the finish outside Portmagee GAA grounds.

Support vehicles will turn left at the 120km point and approach the finish from the opposite direction.






Figure 8 – Car Deviation

**Route Links:** [Stage 2 on Strava](#)  
[Stage 2 on VeloViewer](#)




L-R: Stephen Daly (Race Technical Director), Sinead Moriarty (Race Secretary), Mark Murphy (Race Media) and John Breen (Race Director).

KM		Race Route			Schedule		
From Start	To Finish	Description	Feature	Instruction	35 Kmh	40 Kmh	45 Kmh
0.0	116.2	Telephone Pole before first house on LHS on Gap Road	Race Start	Rolling Start	10:00	10:00	10:00
2.0	114.2	Tomies Cross	Junction	Keep Right Direction Glencar	10:03	10:03	10:02
2.7	113.5	Dunloe Hotel Exit	Junction	Keep Left Direction Glencar	10:04	10:04	10:03
3.2	113.0	Gap Cross	Junction	Continue Straight Direction Glencar	10:05	10:04	10:04
3.4	112.8	NARROW BRIDGE	Bridge	Continue Straight Direction Glencar	10:05	10:05	10:04
7.2	109.0	Kissanes Cross	Junction	Continue Straight Direction Glencar	10:12	10:10	10:09
7.3	108.9	NARROW BRIDGE	Bridge	Continue Straight Direction Glencar	10:12	10:10	10:09
7.3	108.9	Cronins Yard Cross	Junction	Continue Straight Direction Glencar	10:12	10:10	10:09
8.8	107.4	NARROW BRIDGE	Bridge	Continue Straight Direction Glencar	10:15	10:13	10:11
8.8	107.4	Lisleibane Cross	Junction	Continue Straight Direction Glencar	10:15	10:13	10:11
8.9	107.3	Gearha Junction	Junction	Continue Straight Direction Glencar	10:15	10:13	10:11
9.9	106.3	Kill Junction	Junction	Continue Straight Direction Glencar	10:16	10:14	10:13
11.5	104.7	Ballyledder Cross	Junction	Continue Straight Direction Glencar	10:19	10:17	10:15
12.2	104.0	Shannera Upper Junction	Junction	Continue Straight Direction Glencar	10:20	10:18	10:16
13.9	102.3	Glancuttaun Upper Junction	Junction	Keep Left Direction Glencar	10:23	10:20	10:18
14.9	101.3	Glancuttaun Lower Junction	Junction	Merge with other road - Continue Straight - Direction Glencar	10:25	10:22	10:19
14.9	101.3	Start of Lough Acoose Climb		 Category 3 KOM - Start	10:25	10:22	10:19
18.5	97.7	Top of Lough Acoose Climb		 Category 3 KOM - Finish	10:31	10:27	10:24
21.4	94.8	Gortmaloon East Junction	Junction	Keep Left - Direction Glencar	10:36	10:32	10:28
23.2	93.0	The Climbers Inn	Junction	Continue Straight	10:39	10:34	10:30
24.8	91.4	Curragh Beg Junction	Junction	Turn Right - Direction Ballaghisheen	10:42	10:37	10:33
25.2	91.0	Start of Ballaghisheen Climb		 Category 1 KOM - Start	10:43	10:37	10:33
31.3	84.9	Top of Ballaghisheen Climb		 Category 1 KOM - Finish	10:53	10:46	10:41
		Dangerous Descent		Dangerous Descent			
36.8	79.4	Tulligealane Junction	Junction	Keep Left - Direction Waterville	11:03	10:55	10:49
36.8	79.4	NARROW BRIDGE	Bridge	CAUTION - NARROW BRIDGE	11:03	10:55	10:49
38.1	78.1	Doire Ianna Junction	Junction	Keep Right - Dir Waterville 18km	11:05	10:57	10:50
42.2	74.0	Killeenleagh Cross (After Dromid NS)	Junction	Continue Straight - Dir Waterville	11:12	11:03	10:56
45.0	71.2	Mastergeehy Junction	Junction	Continue Straight - Dir Waterville	11:17	11:07	11:00
46.2	70.0	Trout Cottage Cross	Junction	Continue Straight - Dir Waterville	11:19	11:09	11:01
48.6	67.6	Dromid Bural Ground Junction	Junction	Follow Road to Left - Dir Waterville	11:23	11:12	11:04
52.0	64.2	Chapel Cross (St Finians Church)	Junction	Continue Right - Direction Cahersiveen (N70)	11:29	11:18	11:09

52.4	63.8	L7538 Garrannafula Junction	Junction	Continue Straight - Direction Cahersiveen (N70)	11:29	11:18	11:09
53.7	62.5	L11580 Junction	Junction	Continue Straight - Direction Cahersiveen (N70)	11:32	11:20	11:11
53.8	62.4	R567 Pauline Sugrués Auctioneers	Junction	Turn Left - Direction Ballinskelligs	11:32	11:20	11:11
55.0	61.2	Kineigh Junction	Junction	Continue Straight Direction Ballinskelligs	11:34	11:22	11:13
56.5	59.7	Emlaghamuck Junction	Junction	Continue Straight Direction Ballinskelligs	11:36	11:24	11:15
56.6	59.6	Annaghkeenty Junction	Junction	Continue Straight Direction Ballinskelligs	11:37	11:24	11:15
58.3	57.9	Emlaghamore West Cross Road	Junction	Continue Straight Direction Ballinskelligs	11:39	11:27	11:17
59.0	57.2	Reenroe Cross Road	Junction	Continue Straight Direction Ballinskelligs	11:41	11:28	11:18
59.7	56.5	R567 Cloon Junction	Junction	Continue Straight Direction Ballinskelligs	11:42	11:29	11:19
60.2	56.0	Cloghaneanue Junction	Junction	Continue Straight Direction Ballinskelligs	11:43	11:30	11:20
60.4	55.8	Dungeagan Junction	Junction	Continue Straight Direction Ballinskelligs	11:43	11:30	11:20
61.0	55.2	Clogamauna Junction	Junction	Continue Straight Direction Ballinskelligs	11:44	11:31	11:21
61.9	54.3	Unnamed Y Junction	Junction	Continue Straight Direction Ballinskelligs	11:46	11:32	11:22
61.9	54.3	<b>Caution through Ballinskelligs Village</b>		<b>Caution through Village</b>	11:46	11:32	11:22
63.2	53.0	Ballinskelligs Beach Crossroads	Junction	Turn Right Direction Portmagee	11:48	11:34	11:24
62.7	53.5	<b>Start Coom Climb</b>		 <b>Category 3 KOM - Finish</b>	11:47	11:34	11:23
63.7	52.5	L11526\L11529\R566 Cross Roads	Junction	Keep Left Direction Portmagee	11:49	11:35	11:24
63.9	52.3	The Glen Junction	Junction	Keep Right Direction Portmagee	11:49	11:35	11:25
66.7	49.5	<b>Finish Coom Climb</b>		 <b>Category 3 KOM - Finish</b>	11:54	11:40	11:28
67.0	49.2	Viewing Point	POI	Keep Right Direction Portmagee	11:54	11:40	11:29
68.2	48.0	Killonecaha Junction	Junction	Continue Straight Direction Portmagee	11:56	11:42	11:30
70.1	46.1	St. Finian's Bay Junction	Junction	Turn Right to continue on R566	12:00	11:45	11:33
70.4	45.8	Keel Village Junction	Junction	Turn Right - Direction Cahersiveen L4004	12:00	11:45	11:33
70.5	45.7	<b>Start Cools Climb</b>		 <b>Category 3 KOM - Finish</b>	12:00	11:45	11:34
72.6	43.6	<b>Finish Cools Climb</b>		 <b>Category 3 KOM - Finish</b>	12:04	11:48	11:36
72.7	43.5	Cools Junction	Junction	Keep Left - Direction Cahersiveen	12:04	11:49	11:36
73.7	42.5	Bolabrack Junction	Junction	Continue Straight - Direction Cahersiveen	12:06	11:50	11:38
73.9	42.3	Unnamed Junction	Junction	Continue Straight - Direction Cahersiveen	12:06	11:50	11:38
76.9	39.3	Fermoyle Cross Roads	Junction	Continue Straight - Direction Cahersiveen	12:11	11:55	11:42
80.2	36.0	Ardcost Cross	Junction	Turn Left Direction Portmagee R565	12:17	12:00	11:46
80.4	35.8	Unnamed Junction	Junction	Continue Straight Direction Portmagee	12:17	12:00	11:47

82.1	34.1	Killoluaig Junction	Junction	Continue Straight Direction Portmagee	12:20	12:03	11:49
82.4	33.8	Cappawee Junction	Junction	Continue Straight Direction Portmagee	12:21	12:03	11:49
83.3	32.9	Emlaghpeastia Junction	Junction	Continue Straight Direction Portmagee	12:22	12:04	11:51
85.6	30.6	Kilkeaveragh Junction	Junction	Continue Straight Direction Portmagee	12:26	12:08	11:54
87.2	29.0	Gortreagh Junction	Junction	Continue Straight Direction Portmagee	12:29	12:10	11:56
87.8	28.4	Lateeve Junction	Junction	Continue Right Direction Portmagee	12:30	12:11	11:57
88.5	27.7	<b>Caution through Village</b>		<b>Caution through Village</b>	12:31	12:12	11:58
88.6	27.6	<b>NARROW BRIDGE</b>	<b>Bridge</b>	<b>Narrow Bridge</b>	12:31	12:12	11:58
88.8	27.4	Valentia Island Junction	Junction	Keep Left Direction Portmagee R566	12:32	12:13	11:58
89.2	27.0	West End Junction	Junction	Turn Left Direction Coomanaspig R566	12:32	12:13	11:58
89.3	26.9	Doory Cottages Junction	Junction	Keep Right R566	12:33	12:13	11:59
89.3	26.9	New Road Cottages Junction	Junction	Keep Right R566	12:33	12:13	11:59
89.4	27.1	Skellig Rangers GAA Club Junction	Junction	Keep left	12:33	12:14	11:59

89.8	26.4	First passing of the Finish Line	Finish Line	First passing of the Finish Line	12:33	12:14	11:59
89.8	26.4	Doory Y Junction	Junction	Keep Right	12:33	12:14	11:59
91.0	25.2	Doora Cross	Junction	Turn Left Direction Coomanaspig R566	12:36	12:16	12:01
91.1	25.1	<b>Start Coomanaspig Climb</b>		 <b>Category 1 KOM - Finish</b>	12:36	12:16	12:01
93.1	23.1	<b>Finish Coomanaspig Climb</b>		 <b>Category 1 KOM - Finish</b>	12:39	12:19	12:04
		<b>Dangerous Descent</b>		<b>Dangerous Descent</b>			
94.3	21.9	Ballynabloun Junction	Junction	Stay on R566 Direction Ballinskelligs	12:41	12:21	12:05
95.4	20.8	Ballynahow Junction	Junction	Stay on R566 Direction Ballinskelligs	12:43	12:23	12:07
95.6	20.6	<b>NARROW BRIDGE</b>	<b>Bridge</b>	<b>Stay on R566 Direction Ballinskelligs</b>	12:43	12:23	12:07
96.1	20.1	Glen Pier Junction	Junction	Stay on R566 Direction Ballinskelligs	12:44	12:24	12:08
96.5	19.7	Cloganecanuig Junction	Junction	Stay on R566 Direction Ballinskelligs	12:45	12:24	12:08
97.0	19.2	Keel Village Junction	Junction	Turn Right - Direction Cahersiveen L4004	12:46	12:25	12:09
97.1	19.1	<b>Start Cools Climb</b>		 <b>Category 3 KOM - Finish</b>	12:46	12:25	12:09
99.2	17.0	<b>Finish Cools Climb</b>		 <b>Category 3 KOM - Finish</b>	12:50	12:28	12:12
99.6	16.6	Cools Junction	Junction	Keep Left - Direction Cahersiveen	12:50	12:29	12:12
100.6	15.6	Bolabrack Junction	Junction	Continue Straight - Direction Cahersiveen	12:52	12:30	12:14
100.8	15.4	Unnamed Junction	Junction	Continue Straight - Direction Cahersiveen	12:52	12:31	12:14
103.4	12.8	Fermoyle Cross Roads	Junction	Continue Straight - Direction Cahersiveen	12:57	12:35	12:17

106.7	9.5	Ardcost Cross	Junction	Turn Left Direction Portmagee R565	13:02	12:40	12:22
106.9	9.3	Unnamed Junction	Junction	Continue Straight Direction Portmagee	13:03	12:40	12:22
108.6	7.6	Killoluaig Junction	Junction	Continue Straight Direction Portmagee	13:06	12:42	12:24
108.9	7.3	Cappawee Junction	Junction	Continue Straight Direction Portmagee	13:06	12:43	12:25
109.7	6.5	Emlaghpeastia Junction	Junction	Continue Straight Direction Portmagee	13:08	12:44	12:26
112.0	4.2	Kilkeaveragh Junction	Junction	Continue Straight Direction Portmagee	13:12	12:48	12:29
113.6	2.6	Gortreagh Junction	Junction	Continue Straight Direction Portmagee	13:14	12:50	12:31
114.2	2.0	<b>Car Deviation Turn Left</b>	<b>Junction</b>	<b>Car Deviation Turn Left</b>	13:15	12:51	12:32
114.2	2.0	Lateeve Junction	Junction	Continue Right Direction Portmagee	13:15	12:51	12:32
115.0	1.2	<b>Caution through Village</b>		<b>Caution through Village</b>	13:17	12:52	12:33
115.1	1.1	<b>NARROW BRIDGE</b>	<b>Bridge</b>	<b>Narrow Bridge</b>	13:17	12:52	12:33
115.3	0.9	Valentia Island Junction	Junction	Keep Left Direction Portmagee R566	13:17	12:52	12:33
115.7	0.5	West End Junction	Junction	Turn Left Direction Coomanaspig R566	13:18	12:53	12:34
115.8	0.4	Doory Cottages Junction	Junction	Keep Right R566	13:18	12:53	12:34
115.8	0.4	New Road Cottages Junction	Junction	Keep Right R567	13:18	12:53	12:34
115.9	0.3	Skellig Rangers GAA Club Junction	Junction	Turn Left to Finish	13:18	12:53	12:34
116.2	0.0	<b>Finish Line</b>	<b>Race Finish</b>	<b>Finish Line</b>	13:19	12:54	12:34



## DORNAN Rás Mumhan Stage 3 | Sunday 5<sup>th</sup> April 2026

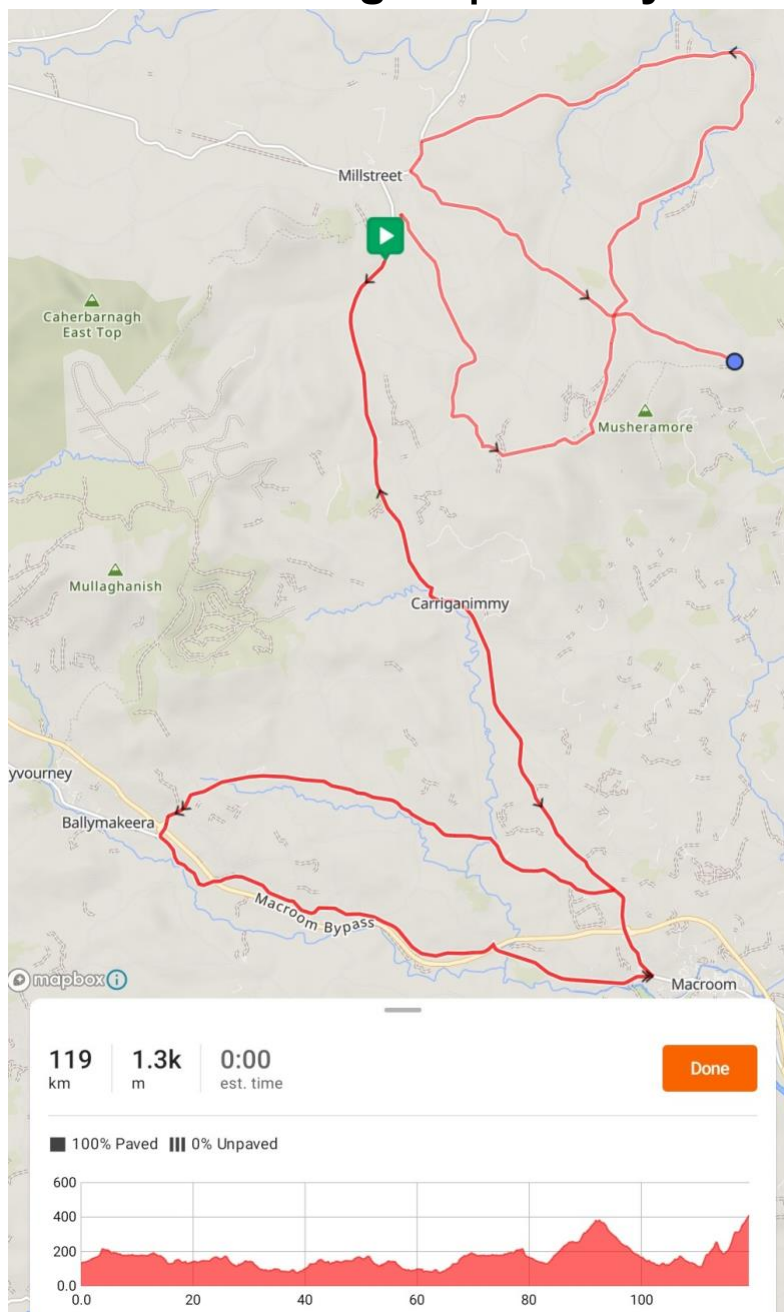


Figure 9 - Stage 3 Route

Another shake up for the race and Stage 3 this year. Stage 3 will commence from the Green Glens Arena, Millstreet, under a 2.3km neutralised roll-out toward Macroom through Millstreet town. The racing will get underway at 11:00 from the Lucey Transport Warehouse, just outside Millstreet.

The race will then proceed towards Macroom via the R582, before turning right for Clondrohid. Here we do 2 laps of Clondrohid – Ballyvourney – Macroom.

After this we head back for Millstreet and this is where things become familiar as we slip right at the grotto and head up Mushra climb, 8.5km to St John's Well.

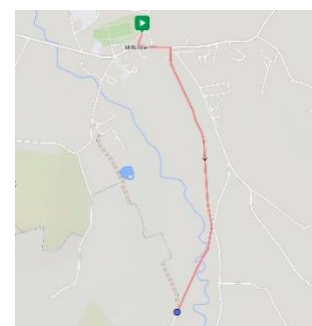


Figure 10 – Stage 3 roll-out

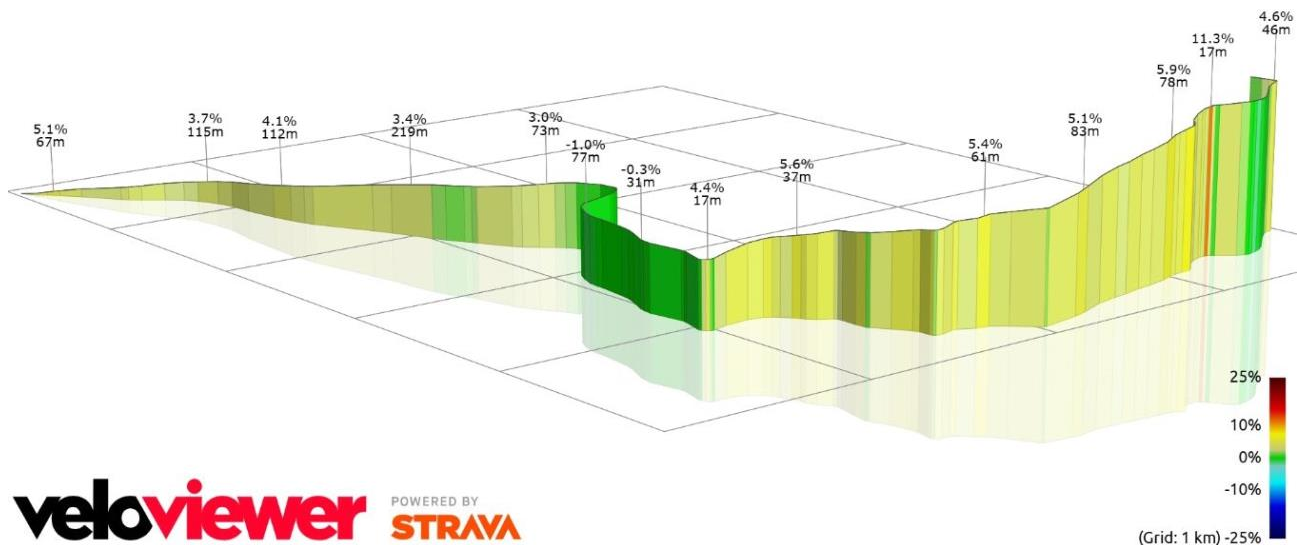


Figure 10 – Mushra

Heading back down to Millstreet again, we take on the final climb of the day, following the Old Butter Road, up to the Kerryman’s Table and the finish line.

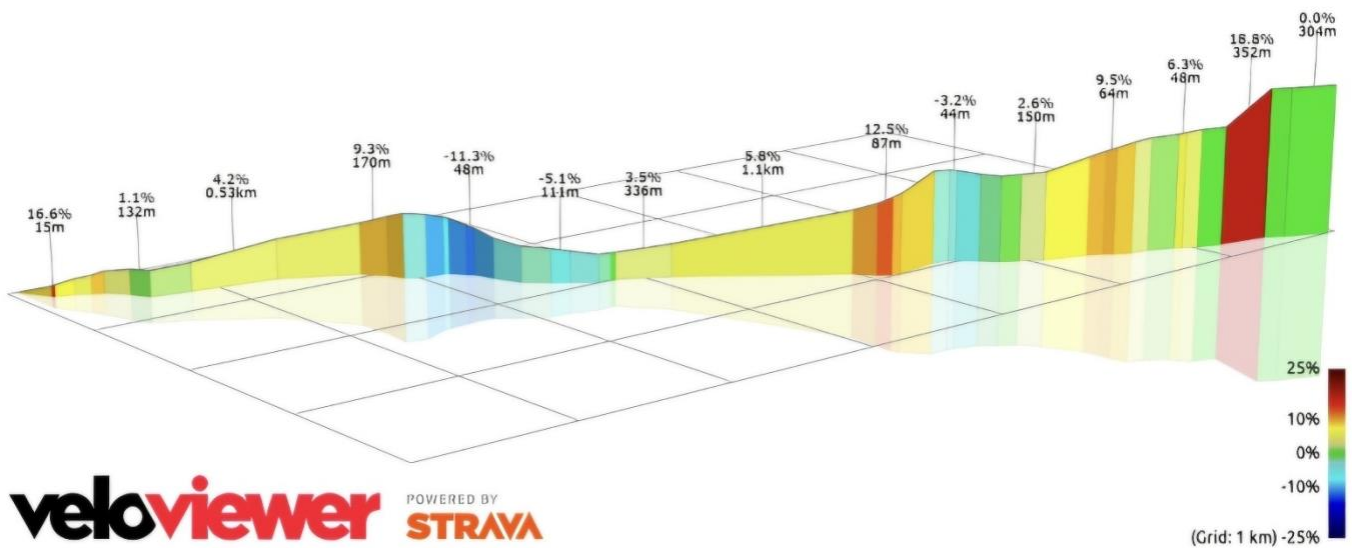


Figure 11 – Kerryman’s table

Route links: [Stage 3 on Strava](#)  
[Stage 3 on VeloViewer](#)

KM		Race Route			Schedule		
From Start	To Finish	Description	Feature	Instruction	35 Kmh	40 Kmh	45 Kmh
0.0	119.6	Gateway into Lucey Transport	Race Start	Rolling Start	11:00	11:00	11:00
1.3	118.3	L5223 Junction	Junction	Continue Straight Direction Macrooom	11:02	11:01	11:01
1.5	118.1	L5224 Junction	Junction	Continue Straight Direction Macrooom	11:02	11:02	11:02
2.3	117.3	L95821-9 Junction	Junction	Continue Straight Direction Macrooom	11:03	11:03	11:03
3.0	116.6	L95821-10 Junction	Junction	Continue Straight Direction Macrooom	11:05	11:04	11:04
3.3	116.3	L5249 Junction	Junction	Continue Straight Direction Macrooom	11:05	11:04	11:04
3.7	115.9	Quarry Entrance	Entrance\Exit	Continue Straight Direction Macrooom	11:06	11:05	11:04
4.6	115.0	L5226 Junction	Junction	Continue Straight Direction Macrooom	11:07	11:06	11:06
7.0	112.6	L95822-2 Junction	Junction	Continue Straight Direction Macrooom	11:12	11:10	11:09
7.5	112.1	L7423 Junction	Junction	Continue Straight Direction Macrooom	11:12	11:11	11:10
8.0	111.6	L7442 Carriganim Junction	Junction	Continue Straight Direction Macrooom	11:13	11:12	11:10
8.9	110.7	L95822-1 Junction	Junction	Continue Straight Direction Macrooom	11:15	11:13	11:11
9.0	110.6	L7447 Junction	Junction	Continue Straight Direction Macrooom	11:15	11:13	11:12
9.8	109.8	L7448 Junction	Junction	Continue Straight Direction Macrooom	11:16	11:14	11:13
11.9	107.7	L7444 Ballinagree Junction	Junction	Continue Straight Direction Macrooom	11:20	11:17	11:15
12.1	107.5	L7451 Junction	Junction	Continue Straight Direction Macrooom	11:20	11:18	11:16
13.3	106.3	L3411 Junction	Junction	Continue Straight Direction Macrooom	11:22	11:19	11:17
14.0	105.6	L7452 Junction	Junction	Continue Straight Direction Macrooom	11:24	11:21	11:18
15.2	104.4	L3416\L3417 Crossroad	Junction	Continue Straight Direction Macrooom	11:26	11:22	11:20
16.1	103.5	L3409 Junction	Junction	Turn Right Direction Clondrohid	11:27	11:24	11:21
16.9	102.7	Ardnacrushy Junction	Junction	Continue Straight Direction Clondrohid	11:28	11:25	11:22
17.3	102.3	L3416 Bell Inn Junction	Junction	Continue Straight Direction Clondrohid	11:29	11:25	11:23
18.3	101.3	Entering Clondrohid Village		Caution through Village	11:31	11:27	11:24
19.1	100.5	Millstreet Junction	Junction	Continue Straight Direction Ballyvourney	11:32	11:28	11:25

19.2	100.4	<b>Caution Narrow Bridge on Exit of Village</b>	<b>Bridge</b>	<b>Continue Straight Direction Ballyvourney</b>	11:32	11:28	11:25
19.6	100.0	L7423 Junction	Junction	Continue Straight Direction Ballyvourney	11:33	11:29	11:26
20.0	99.6	Factory Entrance	Entrance\Exit	Continue Straight Direction Ballyvourney	11:34	11:30	11:26
20.8	98.8	Gortnalicky L3410 Junction	Junction	Continue Straight Direction Ballyvourney	11:35	11:31	11:27
21.5	98.1	Unnamed Junction	Junction	Continue Straight Direction Ballyvourney	11:36	11:32	11:28

22.2	97.4	Kilgobnet Junction	Junction	Continue Straight Direction Ballyvourney	11:38	11:33	11:29
25.7	93.9	Knockanure Junction	Junction	Continue Straight Direction Ballyvourney	11:44	11:38	11:34
25.8	93.8	Ullanes West Junction	Junction	Continue Straight Direction Ballyvourney	11:44	11:38	11:34
26.5	93.1	Toonlane Crossroad	Junction	Continue Straight Direction Ballyvourney	11:45	11:39	11:35
26.8	92.8	Ballyvourney Junction	Junction	Continue Straight Direction Macroom	11:45	11:40	11:35
27.0	92.6	Bypass Off\On Ramp	Junction	Continue Straight Direction Macroom	11:46	11:40	11:36
27.1	92.5	Bypass Off\On Ramp	Junction	Continue Straight Direction Macroom	11:46	11:40	11:36
27.2	92.4	Roundabout	Roundabout	Take First Exit R618 Direction Macroom	11:46	11:40	11:36
27.5	92.1	L7427 Junction	Junction	Continue Straight on R618 Direction Macroom	11:47	11:41	11:36
27.9	91.7	L7431 Junction	Junction	Continue Straight on R618 Direction Macroom	11:47	11:41	11:37
29.5	90.1	L7427 Junction	Junction	Continue Straight on R618 Direction Macroom	11:50	11:44	11:39
30.8	88.8	L7429 Junction	Junction	Continue Straight on R618 Direction Macroom	11:52	11:46	11:41
32.0	87.6	L92205 Junction	Junction	Continue Straight on R618 Direction Macroom	11:54	11:48	11:42
32.4	87.2	L3402 Guagán Barra Junction	Junction	Continue Straight on R618 Direction Macroom	11:55	11:48	11:43
32.8	86.8	L3410 Junction	Junction	Continue Straight on R618 Direction Macroom	11:56	11:49	11:43
35.6	84.0	Roundabout	Roundabout	Take Second Exit R618 Direction Macroom	12:01	11:53	11:47
37.2	82.4	L3415 Junction	Junction	Continue Straight on R618 Direction Macroom	12:03	11:55	11:49
37.7	81.9	L3413 Junction	Junction	Continue Straight on R618 Direction Macroom	12:04	11:56	11:50
38.4	81.2	<b>Entering Macroom Town</b>		<b>Caution Through Town</b>	12:05	11:57	11:51
38.5	81.1	Traffic Calming	Traffic Calming	Traffic Calming	12:06	11:57	11:51
39.1	80.5	The Auld Triangle Junction	Junction	Continue Straight on R618	12:07	11:58	11:52
39.3	80.3	R582 Junction	Junction	Left Turn Direction R582 Millstreet	12:07	11:58	11:52

40.4	79.2	Bypass Off\On Ramp	Junction	Continue Straight on R582 Direction Millstreet	12:09	12:00	11:53
40.5	79.1	Roundabout	Roundabout	Take 2nd Exit Direction Millstreet	12:09	12:00	11:54
41.5	78.1	L3409 Junction	Junction	Turn Left Direction Clondrohid	12:11	12:02	11:55
42.3	77.3	Ardnacrushy Junction	Junction	Continue Straight Direction Clondrohid	12:12	12:03	11:56
42.7	76.9	L3416 Bell Inn Junction	Junction	Continue Straight Direction Clondrohid	12:13	12:04	11:56
43.7	75.9	<b>Entering Clondrohid Village</b>		<b>Caution through Village</b>	12:14	12:05	11:58
44.5	75.1	Millstreet Junction	Junction	Continue Straight Direction Ballyvourney	12:16	12:06	11:59
44.6	75.0	<b>Caution Narrow Bridge on Exit of Village</b>	<b>Bridge</b>	<b>Continue Straight Direction Ballyvourney</b>	12:16	12:06	11:59
45.0	74.6	L7423 Junction	Junction	Continue Straight Direction Ballyvourney	12:17	12:07	12:00
45.4	74.2	Factory Entrance	Entrance\Exit	Continue Straight Direction Ballyvourney	12:17	12:08	12:00

46.2	73.4	Gortnalicky L3410 Junction	Junction	Continue Straight Direction Ballyvourney	12:19	12:09	12:01
46.9	72.7	Unnamed Junction	Junction	Continue Straight Direction Ballyvourney	12:20	12:10	12:02
47.6	72.0	Kilgobnet Junction	Junction	Continue Straight Direction Ballyvourney	12:21	12:11	12:03
51.1	68.5	Knockanure Junction	Junction	Continue Straight Direction Ballyvourney	12:27	12:16	12:08
51.2	68.4	Ullanes West Junction	Junction	Continue Straight Direction Ballyvourney	12:27	12:16	12:08
51.9	67.7	Toonlane Crossroad	Junction	Continue Straight Direction Ballyvourney	12:28	12:17	12:09
52.2	67.4	Ballyvourney Junction	Junction	Continue Straight Direction Macroom	12:29	12:18	12:09
52.4	67.2	Bypass Off\On Ramp	Junction	Continue Straight Direction Macroom	12:29	12:18	12:09
52.3	67.3	Bypass Off\On Ramp	Junction	Continue Straight Direction Macroom	12:29	12:18	12:09
52.4	67.2	Roundabout	Roundabout	Take First Exit R618 Direction Macroom	12:29	12:18	12:09
54.9	64.7	L7427 Junction	Junction	Continue Straight on R618 Direction Macroom	12:34	12:22	12:13
55.3	64.3	L7431 Junction	Junction	Continue Straight on R618 Direction Macroom	12:34	12:22	12:13
54.9	64.7	L7427 Junction	Junction	Continue Straight on R618 Direction Macroom	12:34	12:22	12:13
56.2	63.4	L7429 Junction	Junction	Continue Straight on R618 Direction Macroom	12:36	12:24	12:14
57.4	62.2	L92205 Junction	Junction	Continue Straight on R618 Direction Macroom	12:38	12:26	12:16
57.8	61.8	L3402 Guagán Barra Junction	Junction	Continue Straight on R618 Direction Macroom	12:39	12:26	12:17

58.2	61.4	L3410 Junction	Junction	Continue Straight on R618 Direction Macroon	12:39	12:27	12:17
61.0	58.6	Roundabout	Roundabout	Take Second Exit R618 Direction Macroon	12:44	12:31	12:21
62.6	57.0	L3415 Junction	Junction	Continue Straight on R618 Direction Macroon	12:47	12:33	12:23
63.1	56.5	L3413 Junction	Junction	Continue Straight on R618 Direction Macroon	12:48	12:34	12:24
63.8	55.8	<b>Entering Macroon Town</b>		<b>Caution Through Town</b>	12:49	12:35	12:25
63.9	55.7	Traffic Calming	Traffic Calming	Traffic Calming for 0.8 KM approx	12:49	12:35	12:25
64.5	55.1	The Auld Triangle Junction	Junction	Continue Straight on R618	12:50	12:36	12:26
64.7	54.9	R582 Junction	Junction	Left Turn Direction R582 Millstreet	12:50	12:37	12:26
65.8	53.8	Bypass Off/On Ramp	Junction	Continue Straight on R582 Direction Millstreet	12:52	12:38	12:27
65.9	53.7	Roundabout	Roundabout	Take 2nd Exit Direction Millstreet	12:52	12:38	12:27
66.9	52.7	L3409 Junction	Junction	Continue Straight on R582 Direction Millstreet	12:54	12:40	12:29
67.8	51.8	L3416\L3417 Crossroad	Junction	Continue Straight on R582 Direction Millstreet	12:56	12:41	12:30
68.9	50.7	L7452 Junction	Junction	Continue Straight Direction Macroon	12:58	12:43	12:31
69.6	50.0	L3411 Junction	Junction	Continue Straight on R582 Direction Millstreet	12:59	12:44	12:32
70.8	48.8	L7451 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:01	12:46	12:34
71.0	48.6	L7444 Ballinagree Junction	Junction	Continue Straight on R582 Direction Millstreet	13:01	12:46	12:34

73.1	46.5	L7448 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:05	12:49	12:37
74.0	45.6	L7447 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:06	12:51	12:38
74.1	45.5	L95822-1 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:07	12:51	12:38
74.9	44.7	L7442 Carriganim Junction	Junction	Continue Straight on R582 Direction Millstreet	13:08	12:52	12:39
75.4	44.2	L7423 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:09	12:53	12:40
75.9	43.7	L95822-2 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:10	12:53	12:41
78.3	41.3	L5226 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:14	12:57	12:44
79.2	40.4	Quarry Entrance	Junction	Continue Straight on R582 Direction Millstreet	13:15	12:58	12:45
79.6	40.0	L5249 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:16	12:59	12:46
79.9	39.7	L95821-10 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:16	12:59	12:46
80.6	39.0	L95821-9 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:18	13:00	12:47

81.4	38.2	L5224 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:19	13:02	12:48
81.6	38.0	L5223 Junction	Junction	Continue Straight on R582 Direction Millstreet	13:19	13:02	12:48
83.3	36.3	Y Junction - Liscahane Road Grotto	Junction	Turn Right	13:22	13:04	12:51
83.8	35.8	Y-Junction Drishane Road	Junction	Right Turn onto Drishane Road	13:23	13:05	12:51
84.0	35.6	Un-named Junction	Junction	Keep Right on Dishane Road	13:24	13:06	12:52
84.0	35.6	<b>Mushra KOH Start</b>		 <b>Cat 2 KOM Start</b>	13:24	13:06	12:52
86.3	33.3	Drishane Road Junction	Junction	Continue Straight	13:27	13:09	12:55
86.6	33.0	Cloghboola Beg	Junction	Continue Straight	13:28	13:09	12:55
87.2	32.4	Un-named Junction	Junction	Continue Straight	13:29	13:10	12:56
87.6	32.0	Un-named Junction	Junction	Continue Straight	13:30	13:11	12:56
88.8	30.8	Knocknakilla Junction	Junction	Turn Left Dir Knocknakilla Stone Circle	13:32	13:13	12:58
92.5	27.1	Mushera	Junction	Turn Left Direction St John's Well	13:38	13:18	13:03
92.6	27.0	<b>Mushra KOH Finish</b>		 <b>Cat 2 KOH Finish</b>	13:38	13:18	13:03
94.1	25.5	Un-named Junction	Junction	Continue Straight	13:41	13:21	13:05
95.1	24.5	Upper Aubane Cross	Junction	Continue Straight Direction Kilcorney	13:43	13:22	13:06
97.2	22.4	Tooreenbane	Junction	Continue Straight Direction Kilcorney	13:46	13:25	13:09
97.5	22.1	Brook Park Crossroad	Junction	Continue Straight Direction Kilcorney	13:47	13:26	13:10
98.3	21.3	Baunreagh	Junction	Continue Straight Direction Kilcorney	13:48	13:27	13:11
99.1	20.5	Baunreagh Crossroad	Junction	Continue Straight Direction Kilcorney	13:49	13:28	13:12
99.4	20.2	<b>Kilcorney Village - Caution</b>	<b>Village</b>	<b>Continue Straight - Caution Through Village</b>	13:50	13:29	13:12
100.2	19.4	Killeen	Junction	Continue Straight	13:51	13:30	13:13
101.3	18.3	Donore Falls	Junction	Continue Straight	13:53	13:31	13:15
102.0	17.6	Stonefield	Junction	Continue Straight	13:54	13:33	13:16
102.9	16.7	Moll Carthys Bridge	Junction	Left Turn Direction Millstreet	13:56	13:34	13:17
104.6	15.0	Drombeg	Junction	Continue Straight	13:59	13:36	13:19
105.1	14.5	<b>Skew Bridge followed by Grotto Junction - Caution</b>	<b>Junction</b>	<b>Continue Straight - Caution</b>	14:00	13:37	13:20
106.2	13.4	Laght Y Junction	Junction	Keep Right Direction Millstreet	14:02	13:39	13:21
107.1	12.5	Laght	Junction	Continue Straight	14:03	13:40	13:22
107.6	12.0	Killowen	Junction	Continue Straight	14:04	13:41	13:23

110.3	9.3	Junction onto R583 Direction Millstreet	Junction	Left Turn Direction Millstreet	14:09	13:45	13:27
111.0	8.6	Dairy Gold Co-Op Superstores	Junction	Left Turn onto L1123 Direction Rylane	14:10	13:46	13:28
111.1	8.5	<b>Kerrymans Table KOH Start</b>		<b>Cat 1 KOH Start</b>	14:10	13:46	13:28
113.5	6.1	Tullig	Junction	Continue Straight Direction Rylane	14:14	13:50	13:31
115.0	4.6	Aubane Lower Cross	Junction	Continue Straight Direction Rylane	14:17	13:52	13:33
116.6	3.0	Upper Aubane Cross	Junction	Continue Straight Direction Rylane	14:19	13:54	13:35
119.6	0.0	<b>Kerrymans Table - Finish Line</b>	<b>Finish</b>	<b>Finish Line &amp; KOH Finish</b>	14:25	13:59	13:39



## DORNAN Rás Mumhan Stage 4 | Monday 6<sup>th</sup> April 2026

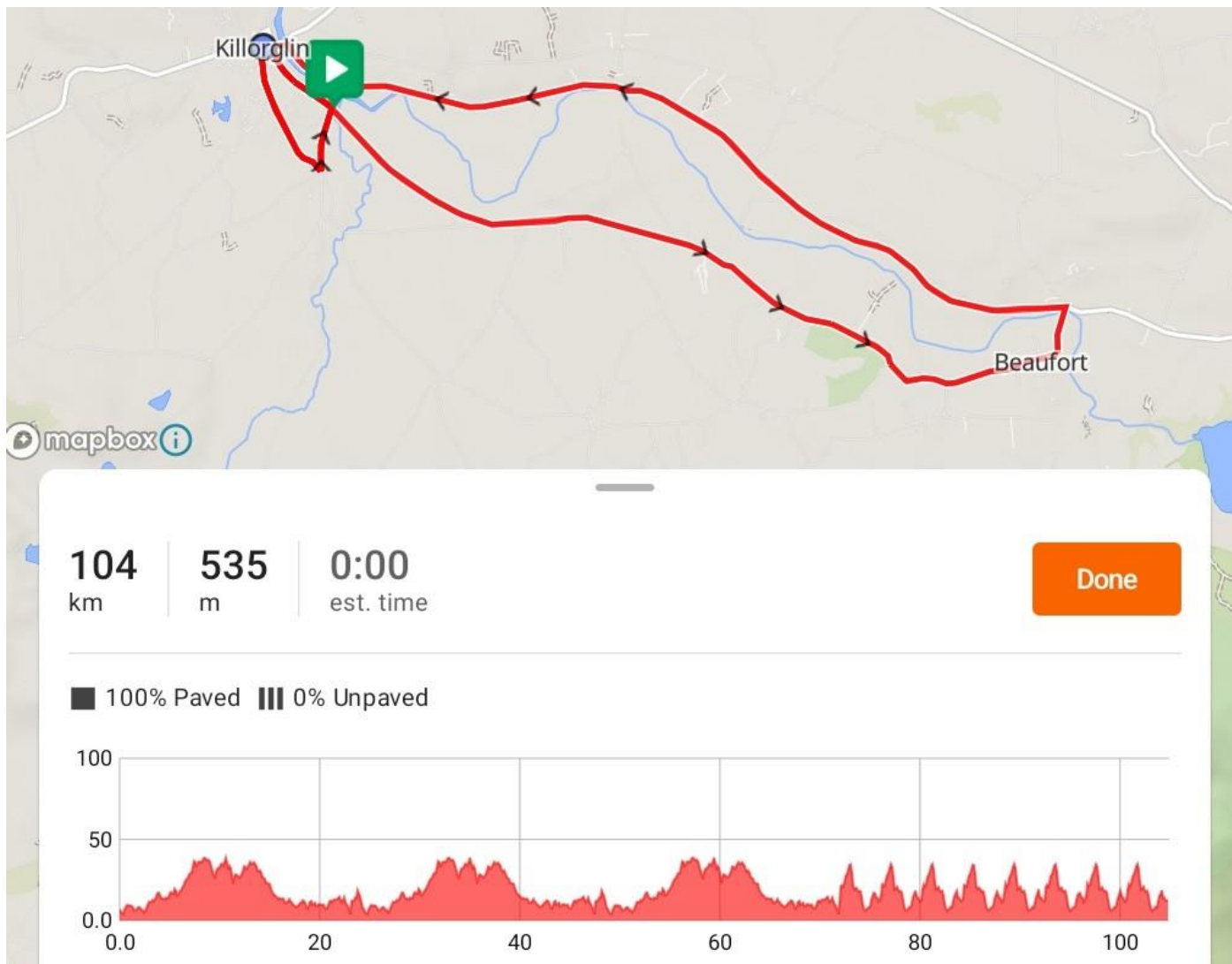


Figure 11 - Stage 4 Route

Possibly everyone's favourite stage, especially if you are a spectator! Riders will depart from the Killorglin KCYMS Community Hall (Sign On) at 10:45 and proceed past the church, turning right along the New Line Road and then straight through the Bianconi roundabout.

There will be a neutralised roll-out to the start of approx. 1.5 km. The Easter Monday stage and final day is mostly a flat stage, starting and finishing in Killorglin, with the usual sting in the tail.

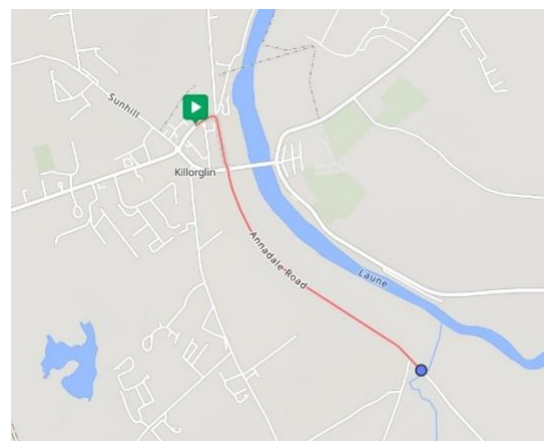


Figure 12 - Stage 4 Roll-Out

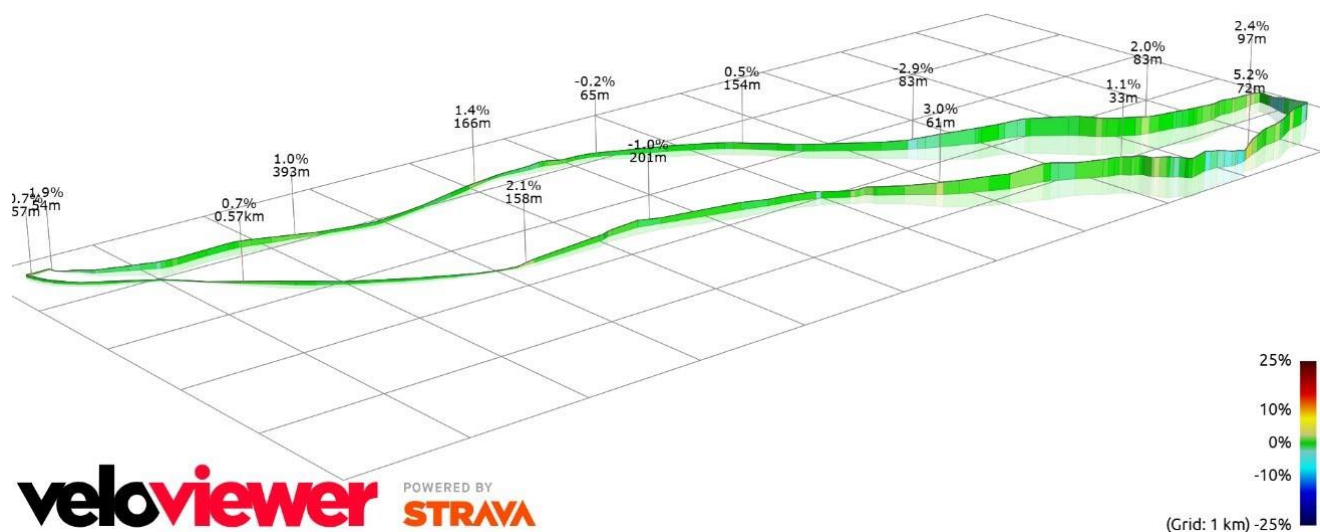


Figure 14 - Killorglin Large Lap

The 24 km loop through Beaufort is covered 3 times and then it is on to the final 8 laps of the Donal McKenna circuit around the town and up the hill each time to add a further 41 km. The support from the crowds on this stage is huge and brings a great atmosphere to Killorglin.

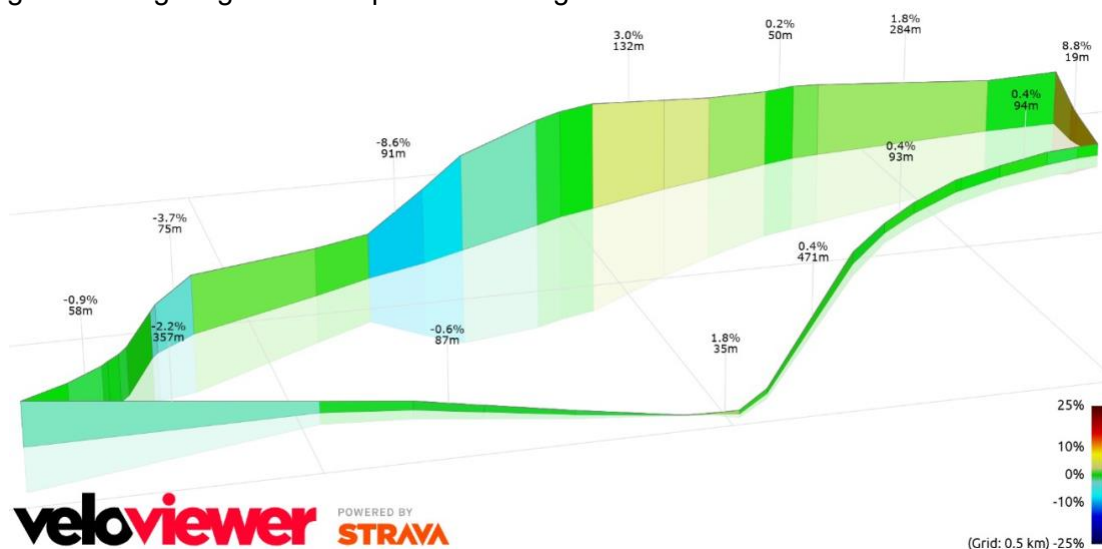


Figure 15 - Killorglin Donal McKenna Circuit

Riders that are 2:30 down on the leaders will be withdrawn from the circuit. They will be credited with a finishing time appropriate to the lap they were removed at. This is to facilitate the ease of movement of motor traffic in Killorglin and contribute significantly to race safety and to prevent any interference to the leaders coming up the hill for the final time to the finish. The Stage is 105 km of racing in length (approx).

Route Links: [Stage 4 on Strava](#)  
[Stage 4 on VeloViewer](#)

KM		Race Route			Schedule		
From Start	To Finish	Description	Feature	Instruction	40 Kmh	45 Kmh	50 Kmh
0.0	104.9	Annadale Road\Glencar Junction	Race Start	Rolling Start	10:45	10:45	10:45
3.1	101.8	Meanus Cross	Junction	Direction Straight	10:49	10:49	10:48
4.2	100.7	Cooleanaig Cross	Junction	Direction Straight	10:51	10:50	10:50
5.5	99.4	St Mary of the Angles	Entrance\Exit	Direction Straight	10:53	10:52	10:51
5.8	99.1	Whitefield Bridge	Caution Skew Bridge	Direction Straight	10:53	10:52	10:51
7.1	97.8	Churchtown Cross	Junction	Direction Straight	10:55	10:54	10:53
8.1	96.8	Beaufort Golf Club Entrance	Entrance\Exit	Direction Straight	10:57	10:55	10:54
8.4	96.5	Leaba na mBó Cross	Junction	Direction Straight	10:57	10:56	10:55
9.3	95.6	Grotto Cross	Junction	Direction Straight	10:58	10:57	10:56
10.4	94.5	Beaufort Village	Village	Caution Through Village	11:00	10:58	10:57
10.9	94.0	Beaufort Bar Junction	Junction	Turn Left	11:01	10:59	10:58
11.5	93.4	Beaufort Bridge Junction - Caution	Junction	Turn Left onto Main N72	11:02	11:00	10:58
15.7	89.2	Ballymalis Cross	Junction	Direction Straight	11:08	11:05	11:03
16.4	88.5	Eadie's Mills Junction	Junction	Direction Straight	11:09	11:06	11:04
18.2	86.7	Coolbane Cross	Junction	Direction Straight	11:12	11:09	11:06
20.6	84.3	Fexco Building Junction	Junction	Direction Straight	11:15	11:12	11:09
23.1	81.8	Bridge Roundabout Killorglin	Roundabout	First Exit (Left Turn)	11:19	11:15	11:12
23.2	81.7	Bianconi Inn Roundabout	Roundabout	First Exit (Left Turn)	11:19	11:15	11:12
23.2	81.7	End of Big Lap 1		End of Big Lap 1	11:19	11:15	11:12
47.6	57.3	End of Big Lap 2		End of Big Lap 2	11:56	11:48	11:42
72.0	32.9	End of Big Lap 3		End of Big Lap 3	12:33	12:21	12:11
72.0	32.9	Start of the Donal McKenna Circuit		Donal McKenna Circuit	12:33	12:21	12:11
72.0	32.9	Bianconi Inn Roundabout	Roundabout	Direction Straight - up the hill	12:33	12:21	12:11
72.1	32.8	Top of the Square KoH - Every crossing (Except the finish)	Finish Line	Turn Left	12:33	12:21	12:11
72.3	32.6	Caution - Pedestrian Barrier RHS Edge of Footpath	Barrier	Direction Straight	12:33	12:21	12:11
72.9	32.0	Car Deviation into Fexco Carpark	Deviation	Left Turn	12:34	12:22	12:12
73.0	31.9	Aqua Designs\Ardmoniel Cross	Junction	Direction Straight	12:34	12:22	12:12
73.5	31.4	Doherty's Bohereen	Junction	Direction Straight	12:35	12:23	12:13
74.1	30.8	Gorman's Cross	Junction	Turn Left	12:36	12:23	12:13
74.8	30.1	Doherty's Bohereen	Junction	Direction Straight	12:37	12:24	12:14

74.9	30.0	Annadale Road Cross to Glencar	Junction	Turn Left	12:37	12:24	12:14
76.0	28.9	Entrance to Lower Town car park	Entrance\Exit	Direction Straight	12:39	12:26	12:16
76.1	28.8	Bianconi Inn Roundabout	Roundabout	First Exit (Left Turn)	12:39	12:26	12:16
76.2	28.7	Finish Line - KOH Prime on each crossing (Except the finish)	Finish Line	Turn Left	12:39	12:26	12:16
76.2	28.7	End of Lap 1 - Category 4 KOM	Finish Line	▲End of Lap 1	12:39	12:26	12:16
80.3	24.6	End of Lap 2 - Category 4 KOM	Finish Line	▲End of Lap 2	12:45	12:32	12:21
84.4	20.5	End of Lap 3 - Category 4 KOM	Finish Line	▲End of Lap 3	12:51	12:37	12:26
88.5	16.4	End of Lap 4 - Category 4 KOM	Finish Line	▲End of Lap 4	12:57	12:43	12:31
92.6	12.3	End of Lap 5 - Category 4 KOM	Finish Line	▲End of Lap 5	13:03	12:48	12:36
96.7	8.2	End of Lap 6 - Category 4 KOM	Finish Line	▲End of Lap 6	13:10	12:53	12:41
100.8	4.1	End of Lap 7 - Category 4 KOM	Finish Line	▲End of Lap 7	13:16	12:59	12:45
104.9	0.0	Finish - End of Lap 8	Finish Line	🏁Finish 🏁	13:22	13:05	12:51



## Previous Winners

Year	Name	Club/Team	Venue
1957	Pat O Meara	Tipperary	Clonmel
1958	Gene Mangan	Kerry	Tralee
1959	John Gearon	Clonmel	
1960	Shay O Hanlon	Clann Brugha	Clonmel
1961	Noel Waddy	Star Wheelers	
1962	Michael Twomey	Fermoy	
1963	Sonny Cullen	Setanta CC	
1964	Shay O Hanlon	Cathal Brugha	
1965	Shay O Hanlon	Cathal Brugha	
1966	Shay O Hanlon	Clann Brugha	Carrick on Suir
1967	Paddy Flanagan	Brownstown CC	Carrick on Suir
1968	Mick O Donoghue	Carlow	Kanturk/Banteer
1969	Mick O Donoghue	Carlow	
1970	Mick O Donoghue	Carlow	
1971	Brian Connaughton	Garda	Carrick on Suir
1972	Seamus Kennedy	Navan	Thurles
1973	Mick Cahill	Banteer	
1974	Colm Nulty	Boyne Valley CC	Killarney
1975	John Mangan	Killorglin	Killorglin
1976	Larry Clarke	Navan	
1977	Bobby Power	Carrick Wheelers	
1978	Mike Breen	Killorglin CC	
1982	Stephen Delaney	Tara CC	South Tipperary
1983	Anthony O Gormon	Carrick Cidona	
1984	Dave McCall		
1987	Bernie McCormick		
1988	Larry Power	Carrick Cidona	Carrick on Suir
1998	Brian Kenneally	Carrick Cidona	Killorglin/Cork
1999	Stephen O Sullivan	Leinster	Thurles
2000	Paddy Moriarty	Dublin Skip Les Junes	Nenagh
2001	Eugene Moriarty	Cycleways Meath	Killorglin
2002	Kevin Dawson	Compensation Group GB	Killorglin
2003	Kevin Dawson	Life Repair CRT GB	Killorglin
2004	Russell Downing	MGX Power UK	Killorglin
2005	John Dempsey	Dan Morrissey Carrick	Killorglin
2006	Paul Healion	Murphy & Gunn Dublin	Killorglin
2007	Brian Kenneally	myhome.ie Meath	Killorglin
2008	Ciaran Power	Pezula Mayo	Killorglin
2009	Brian Kenneally	Engraveit.ie Meath	Killorglin
2010	Timmy Barry	The Edge CC	Killorglin
2011	Sean Lacey	The Edge CC	Killorglin
2012	Denis Bakker	Ruiter Dakkapellen WT	Killorglin
2013	Damian Shaw	Aquablue	Killorglin
2014	Mark Dowling	DID/Dunboyne CC	Killorglin
2015	Sean McKenna	Ireland Development Squad	Killorglin
2016	Chris McGlinchey	Ireland Development Squad	Killorglin
2017	Dillon Byrne	VCUK Velo Champion UK	Killorglin
2018	Conor Henebry	Pactimo	Killorglin
2019	Ben Healy	Ireland Development Squad	Killorglin
2022	Lindsay Watson	All Human Velo Revolutions	Killorglin
2023	Finn Crockett	Spokes Racing Team U23	Killorglin
2024	Luke Tuckwell	Trinity Racing	Killorglin
2025	Tom Martin	Spellman Dublin Port Cycling Team	Killorglin



# Appendix 1.

## DECLARATION OF AWARENESS

I am aware and accept:


1. I participate in this race entirely at my own risk, that I must rely on my own ability in dealing with all hazards and that I must ride in a manner that is safe for all others and myself.
2. The only function of race stewards/marshals is to indicate direction and that I as a road user must decide whether any intended movement is safe.
3. The roads are not closed to other traffic.
4. That I am, at all times during the race, bound by the Road Traffic Acts and other laws of the land.
5. It will not be possible for race marshals to steward all safety hazards, (road obstructions and traffic calming measures, such as centre road traffic islands, protruding footpaths, and Roundabouts). Where possible a race marshal will be in position at the first of a series of centre road traffic islands.
6. As me gaps develop during a stage it may not be possible for marshals to remain in position for the passage of all individuals/groups.
7. It is necessary for race marshals to be allowed overtake. I undertake to cooperate fully in giving way to the marshals in the execution of their dues.
8. I have studied the map for each stage finish and am acquainted with the intricacies of each finish and will exercise due caution.
9. The race takes place on roads varying from well-surfaced dual carriageways to poorly surfaced narrow, winding mountain roads.
10. I accept that no liability whatsoever shall attach to the race organisation, race sponsors, consultants, Cycling Ireland, UCI, or any race official or member of UCI or Cycling Ireland in respect of any injury, loss or damage suffered by me in or by reason of the race, however caused.

Signed \_\_\_\_\_

Date \_\_\_\_\_

# BACKING BRILLIANCE



s Shayna Daly